CHAMPIX® (Varenicline)
CLIENT ASSESSMENT FORM
These questions will help us better determine your suitability.
However, it is the Pharmacist’s/GPs responsibility and the decision will rest with them.

Client’s name: .................................................. Date of birth: ......................

Is the client:

1) Aged 18 years or over? YES NO
2) A regular smoker?
3) Strongly motivated to quit?

If female, is the client:

4) Pregnant, breast-feeding or trying to get pregnant?

Does the client have:

5) Renal (Kidney) Disease? (elderly clients are more likely to have decreased renal function) *
6) Any history of or current mental health condition/psychiatric illness requiring treatment/meds? e.g. depression or anxiety *
7) Unstable cardiovascular disease?
8) History of seizure?

In clinical trials and post-marketing experience there have been reports of seizures in patients with or without a history of seizures, treated with CHAMPIX. CHAMPIX should be used cautiously in patients with a history of seizures or other conditions that potentially lower the seizure threshold.

9) Epilepsy? (There is no clinical experience of Champix in clients with epilepsy) *

10) Diabetic therapy
Patients should be advised that their blood glucose results may rise or fall as a result of stopping smoking. Additional testing may be advised. Advice should be sought from the patient’s GP or practice nurse.

11) Does the client drive for a living? (Champix may affect a person’s ability to drive or operate machinery)

12) Hypersensitivity to Champix or any of its excipients? (ingredients)

Which medications are you taking? If none, please write NONE .................................................................

NB. Physiological changes resulting from smoking cessation, with or without treatment with VARENICLINE, may alter the pharmacokinetics or pharmacodynamics of some medicinal products, for which dosage adjustment may be necessary (examples include theophylline, warfarin and insulin).

Suitable for Champix
To start 1-2 weeks before agreed quit date.
Dose: 0.5mg once a day for first 3 days, then 0.5mg twice a day for days 4-7, then 1mg twice a day from day 8 to end of treatment course.
If client cannot tolerate side effects dose may be reduced to 0.5mg bd for duration of course.
The dose needs to be reduced for renal impairment.

The detrimental effects of continued smoking and benefits of stopping smoking outweigh any risk arising from the use of pharmacotherapy. Each client should be assessed with this in mind.

Champix Client Assessment April 2014