

Stop Smoking Service

Varenicline Pharmacist Provider

Session 1 Pre-assessment

- Registers client, agrees quit date within 4 weeks
- Completes client assessment form and refers to Varenicline Provider for clinical assessment and supply of varenicline.

Referral

Receives referral via PharmOutcomes for varenicline clinical assessment. Awaits first visit from the client.

- Receives notification from Varenicline Provider of outcome of varenicline assessment and of **Supply One**.
- Contacts the client to arrange appointment for **Session 2** (within two weeks).

Visit 1 Assessment : Quit Week Minus Two

- Assesses the client for varenicline.
- Varenicline Supply One:** Two week titration pack.
- Notifies the Stop Smoking Service of **Supply One** or **non supply**.

Session 2 Quit Week One

- Provides behavioural Support.
- Notifies Varenicline Provider of attendance.

- Checks PharmOutcomes for notifications from Session 2.
- Reviews client record on PharmOutcomes, checks for concordance and adverse effects.
- Varenicline Supply Two:** Two weeks (1mg twice daily x 28), Four weeks (0.5mg twice daily x 56 if nausea*).
- Notifies the Stop Smoking Service of **Supply Two** and any problems with dose/concordance.

Session 3 Quit Week Two

- Provides behavioural Support.
- Notifies Varenicline Provider of attendance.
- Receives notification from Varenicline Provider of **Supply Two**.

Visit 2 Treatment week Three

Session 4 Quit Week Three

- Provides behavioural Support
- Notifies Varenicline Provider of attendance.

- Checks PharmOutcomes for notifications from Sessions 3 and 4
- Reviews client record on PharmOutcomes, checks for concordance and adverse effects.
- Varenicline Supply three:** Two weeks (1mg twice daily x 28).
- Notifies the Stop Smoking Service of **Supply Three**.

Session 5 Quit Week Four

- "Four Week Quitter": Takes CO Reading to verify 4 week Quitter status.
- Notifies Varenicline Provider of attendance and quit status.
- Receives notification from Varenicline Provider of **Supply Three** or **continued concordance with 0.5mg varenicline**.

Visit 3 Treatment week Five

Session 6 Quit Week five

- Provides behavioural Support.
- Notifies Varenicline Provider of attendance.

- Checks PharmOutcomes for notifications from Sessions 4 and 5.
- Reviews client record on PharmOutcomes, checks for concordance and adverse effects.
- Varenicline Supply four:** Two weeks (1mg twice daily x 28), Four weeks (0.5mg twice daily x 56 if nausea*).
- Notifies the Stop Smoking Service of **Supply Four**

Session 7 Quit Week Six

- Provides behavioural Support.
- Notifies Varenicline Provider of attendance.
- Receives notification from Varenicline Provider of **Supply Four**.

Visit 4 Treatment week Seven

Session 8 Quit Week Seven

- Final Behavioural session:**
- Takes CO Reading to verify final Quitter status
 - Notifies Varenicline Provider of attendance and quit status.

Visit 5 Treatment week Nine

- Checks PharmOutcomes for notifications from Sessions 6 to 8.
- Reviews client record on PharmOutcomes, checks for concordance and adverse effects.
- Varenicline Supply five:** Two weeks (1mg twice daily x 28).
- Notifies the Stop Smoking Service of **Supply Five**.

Visit 6 Treatment week Eleven to Twelve

- Final Supply:**
- Reviews client record on PharmOutcomes, checks for concordance and adverse effects.
 - Varenicline Supply six:** Two weeks (1mg twice daily x 28), Four weeks (0.5mg twice daily x 56 if nausea*).

