

Welcome from new Primary Care Lead Dr Martin Stean

"Many of you will know me as a GP in Bodmin, and GPwSI for North East Cornwall, covering Wadebridge, Camelford, Bude, Padstow and Bodmin. I also run the CHAD bed at Bodmin Hospital.



"I have been appointed to the role as Primary Care Lead starting this month.

"There is lots of work to do, and I will be working with Rupert White Medical Lead and Roz Gittins South West lead, along with Angela Andrews from the DAAT.

"We feel the priority areas to look at are training, supervision and governance for share care GPs and GPwSIs.

"We are also keen to look at alcohol services within Cornwall and many other areas. I am hoping I can use this role to enhance the work you all do, and ensure you are properly supported. We hope to set up some update training soon for both drugs and alcohol work.

"I would like to hear from any of you with views on what you would like me to cover in this role.

"I am here as an interface between Addaction and yourself, and ultimately to help make the service run better and safer for yourselves and the clients."

Please get in touch either via m.stean@addaction.org.uk or m.stean@nhs.net.

Addaction Cornwall visits county's gyms to teach about steroids

STAFF have been visiting gyms across the county to educate professionals and customers about steroids.

The work is part of a project by Addaction Cornwall to

highlight the harm steroids can cause and the support on offer.



Addaction operations manager Bruce Arnot said: “Most gym owners are taking a really responsible approach and working with us to help educate their clients so they know the risks and that they can drop in to or call our service for more information or support.

“We’re also briefing staff and personal trainers about the signs to look out for that might indicate someone is using steroids and giving them leaflets with clear information about how to minimise any harm using them and our services.”

Addaction Cornwall runs needle exchanges across the county where people can safely and confidentially dispose of used needles or get clean ones. There is also the opportunity to talk to staff about any issues arising from using steroids such as the risk of contracting hepatitis C or other blood borne viruses, damage around injection sites and longer term physical damage.

Addaction nurse receives title of Queen’s Nurse

HELEN Hampton has been given the prestigious title of Queen’s Nurse by community nursing charity The Queen’s Nursing Institute.

Helen is the Blood Borne Virus Lead Nurse at Addaction Cornwall and the award recognises her work to treat people in the community.



Helen has been key in the success of Addaction’s project with the Hepatitis C Trust to work towards eliminating the virus in the county. Two service users supported her award explaining to judges how her work had meant they had received treatment for hepatitis C in the community, rather than having to travel to a hospital, and therefore successfully overcome the virus.

The Queen’s Nursing Institute says the title indicates a commitment to high

standards of patient care, learning and leadership, recognising people who are leading improvement projects and helping to redesign services to improve care for patients. Read more [here](#).



Pharmacist tip

If a person misses three or more doses of opiate substitute medication such as buprenorphine or methadone, they are likely to have lost tolerance and are at increased risk of overdose.

It is therefore imperative that in such situations the person does NOT have their medication dispensed without authorisation from a prescriber. This has been highlighted following learning from a recent incident.



Did you know?

Addaction Cornwall can also provide psycho-social interventions to support people who have difficulties with Prescription Only Medication (POM) and medication which is bought Over The Counter (OTC).

FOR information and leaflets on a range of medication visit

www.choicesandmedication.org.uk/addaction

 [Share](#)

 [Tweet](#)

 [Forward](#)

If you require additional information about how Addaction can support the recovery of someone with drug and/or alcohol problems, or to feedback any compliments or complaints please get in touch.

ADDACTION PENZANCE

23–24 Market Place, Penzance TR18 2JD

Tel: 01736 365467 Fax: 01736 331402

Opening times: Mon–Fri 9am–5pm

ADDACTION TRURO

Western House, Tabernacle Street, Truro TR1 2EJ

Tel: 01872 263001 Fax: 01872 263002

Opening times: Mon – Fri 9am–5pm

ADDACTION LISKEARD

6 Church Street, Liskeard PL14 3AG

Tel: 01579 340616 Fax: 01579 348447

Opening times: Mon– Fri 10–3pm

ADDACTION REDRUTH

The Douglas Hocken Day Centre, Alma Place, Redruth TR15 2AT

Tel: 01209 211825

Opening times: Mon–Fri 9am–5pm

ADDACTION ST AUSTELL

5 Church Street, St Austell

Tel: 01209 211825

Opening times: Mon–Fri 9am–5pm

ADDACTION BODMIN

3 Lucknow Road, Walker Lines

Industrial Estate, Bodmin.

Tel: 01208 269296

Opening times: Mon–Fri 9am–5pm

Single Point of Contact 0333 2000 325

Copyright © 2015 Addaction, All rights reserved.
Addaction Cornwall

Our mailing address is: Western House, Tabernacle Street, Truro TR1 2EJ

[unsubscribe from this list](#) [update subscription preferences](#)

The MailChimp logo is displayed in a white, cursive font within a dark grey rounded rectangular button.