

DuoResp Spiromax®.

DuoResp Spiromax® is a dry powder inhaler containing budesonide and formoterol fumarate dehydrate.

The inhaler is licenced for the treatment of Asthma and COPD.

It has been added to the local formulary.

DuoResp Spiromax® is currently available in two strengths 160/4.5 microgram and 320/9 microgram. These strengths refer to the delivered dose (the dose that leaves the mouthpiece).

☒ Each 160/4.5 microgram delivered dose, is equivalent to a metered dose of 200 micrograms budesonide and 6 micrograms of formoterol fumarate dihydrate (1).

☒ Each 320/9 microgram delivered dose, is equivalent to a metered dose of 400 micrograms budesonide and 12 micrograms of formoterol fumarate dehydrate (2).

Note the Symbicort® SPC also specifies the delivered doses.

☒ Symbicort® 200/6: each delivered dose contains budesonide 160 micrograms per inhalation and formoterol fumarate dihydrate 4.5 micrograms/inhalation (3).

☒ Symbicort® 400/12: each delivered dose contains budesonide 320 micrograms per inhalation and formoterol fumarate dihydrate 9 micrograms/inhalation (4).

As ever where patients have new prescriptions for inhalers, it is important to ensure patients are familiar with the device, and can demonstrate the correct inhaler technique, where prescribed for asthma this could be included in NMS consultations.

References,

1. DuoResp Spiromax 160/4.5 micrograms SPC; <http://www.medicines.org.uk/emc/medicine/29186>
2. DuoResp Spiromax 320/9 micrograms SPC; <http://www.medicines.org.uk/emc/medicine/29187>
3. Symbicort Turbohaler 200/6 SPC <http://www.medicines.org.uk/emc/medicine/4821>
4. Symbicort Turbohaler 400/12 SPC <http://www.medicines.org.uk/emc/medicine/11882>

<http://www.mims.co.uk/news/1310650/DuoResp-spiromax-new-formoterol-budesonide-inhaler>