

When is the service available?

Monday to Friday 9.00am - 5.00pm
(including Bank Holidays).

"My daughter was really pleased to have had the time to talk and ask questions. She was made to feel comfortable and not judged."

Outside of these times, if you are worried you can call your GP or local walk in centre or Emergency Department.

"Very supportive. It has really helped being able to talk."

"I was given choices which was good. I did not want a full assessment and was not pressured. I was grateful for that because until then I felt that I had no control."

"I don't think it could have gone any better. You were all wonderful."

"The doctors were very understanding and gave me plenty of time to talk to them."

"Since being able to talk to all of you I feel more confident in dealing with this situation."

"I was so nervous beforehand, but they were all lovely and explained everything clearly and let me talk and asked questions."

Information for Children and Young People

Sexual Abuse Assessment Service for Children and Young People

The Oak Centre, Sexual Assault Referral Centre
Hawkins House, Pynes Hill, Rydon Lane, Exeter. EX2 5SS

Devon Multi-Agency Safeguarding Hub (MASH)
contact number: 0345 155 1071



Who is the service for?

This service is available to all children and young people aged 17 and under who may have suffered sexual assault or abuse.

"All of you were wonderful and I was pleased you talked to us separately and together."

"We realised that you all cared. You were all very professional but also lovely in how you approached us altogether throughout the experience."

"You made an awful situation easier to cope with."

What will an assessment involve?

An assessment is to check everything is alright. The assessment may include:

- Answering your questions
- Talking about your concerns
- Discussing the risk of sexually transmitted infection
- Talking about support for you and your family
- Checking for injuries
- In girls, considering the 'morning after pill'

Talking and being assessed can seem frightening, but we allow you to take it at your own pace. The assessment can be stopped at any time.

"I did not expect to be given the time and was so grateful to be able to discuss everything as it has been so difficult for us."

"I was very concerned, but everyone was so nice and my daughter was so relaxed that it put me at ease."

Who does the examination?

We are a team of Doctors and Nurses.

"We were given the opportunity to talk and ask questions which is what we needed. They explained everything and were so kind."

"The nurse is easy to talk to. She has phoned me a few times since to make sure I'm okay."

What happens after the assessment?

The assessment involves making a plan with you and your family for after the examination.

About two weeks after the initial examination the Nurse will phone you to see if you are alright, or we can arrange to see you again if this is needed.

"It was all a whirlwind from finding out about what happened to my daughter, the day before we attended for the assessment. I had so many questions running through my head, but you seemed to answer them before I had to think about asking them."

"It was reassuring to know that my child was physically alright."

"It was good to have support with contacting other services afterwards."

Where will assessments take place?

The assessment will take place at the Oak Centre in Exeter, which is a quiet and private place.

"It was good to see my grandson happy and playing. The assessment was stress free for him."