

TELL THE HEALTHCARE PROFESSIONAL **BEFORE** YOUR **VACCINATION** IF...

- You feel unwell, have a high temperature, or an infection.
- You are allergic to either eggs or chicken.
- You have had a reaction to a previous flu jab.
- You are allergic to any antibiotics.

FOLLOWING YOUR FLU JAB:

- Flu vaccines are generally safe and well-tolerated. Some people might develop tenderness and swelling at the site of the injection.
- A small number may experience any of the following: fever, headache, general aches and tiredness which may last one or two days. If this occurs, you may find paracetamol helpful (check that this is suitable for you by reading the instructions).
- Severe allergic reactions following vaccinations are very rare and usually occur soon after administration. If you develop symptoms such as breathlessness, swelling or a rash you should seek prompt medical attention.