

Health Promotion Leaflets and Posters

Department of Health <http://content.digital.nhs.uk/article/2843/NHS-printed-leaflets-and-resources> DH telephone order line on 0300 123 1002.

The Change4Life resources page also provides access to health promotion leaflets <http://www.nhs.uk/change4life/Pages/nhs-supporters.aspx?filter=NHS>

The CCG G-Care website also has various leaflets available to download <https://g-care.glos.nhs.uk/>

Patients can also be directed to the information on the internet e.g. NHS Choices <http://www.nhs.uk/pages/home.aspx>

This guide will help you to order leaflets and provides details of leaflets which are available and how to order them.

[Accident Prevention](#)

[Alcohol](#)

[Cancer](#)

[Child Health](#)

[Contraception](#)

[Drugs](#)

[General Health \(Adults\)](#)

[Healthy Eating](#)

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[Weight Management](#)

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[Ordering leaflets from the Department of Health](#)

[Help finding and ordering leaflets](#)

Accident Prevention

Child and Teen Road Safety Leaflets and Posters

Department of Transport – free to order

<http://shop.dft.gov.uk/THINKShop/browse.aspx?CID=6099d797-b662-4e5e-8aef-2a5296e66e6f#&&/wEXAQUEUGFnZQUIVmldyBBbGyqOAWxvMFiVXJW+kVeBWEHv+mw7A==>

To order you will need to register with the Department of Transport -

<https://shop.dft.gov.uk/THINKShop/Register.aspx> - To order more than the allowed number of copies contact customer services team on 0300 123 1102

Child Accident Prevention Trust

Leaflets and Posters Available to purchase - <http://www.capt.org.uk/shop>

Alcohol

Drinks calculator (unit calculator) – produced by Drink Aware - free to order

<http://www.sprintexpress.co.uk/dat/resources/default.aspx>

Drink Aware Resources – free to order

<http://www.drinkaware.co.uk/resources>

Drink Driving – Department of Transport -

<http://shop.dft.gov.uk/THINKShop/browse.aspx?CID=9535c87e-5838-4228-8e34-30e2e6dd743c>

To order you will need to register with the Department of Transport -

<https://shop.dft.gov.uk/THINKShop/Register.aspx> - To order more than the allowed number of copies contact customer services team on 0300 123 1102

Department of Health Publications

[Ordering leaflets from the Department of Health](#)

The following can be downloaded or ordered via the Department of Health telephone orderline on 0300 123 1002:

How does your night end?

Product number: 287651

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_088740

How much is too much?

Product number: 277506

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyandGuidance/DH_4139672

How much is too much? Drinking, you and your mates

Product number: 277506

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyandGuidance/DH_4139672

The following can be ordered via the Department of Health Orderline

http://www.orderline.dh.gov.uk/ecom_dh/public/home.jsf

Alcohol Effects Poster

DH Product Code: ALCSUPO0210

Alcohol Effects Poster Female

DH Product Code: ALCFEPO0210

Alcohol Effects Poster Male

DH Product Code: LCMAPO0210

Cancer

Macmillan Cancer Information

<http://be.macmillan.org.uk/be/s-4-order-information.aspx>

Cancer Research UK Publications

http://publications.cancerresearchuk.org/epages/crukstore.sf/en_GB/?ObjectPath=/Shops/crukstore

Department of Health Publications

[Ordering leaflets from the Department of Health](#)

Leaflets can be downloaded. If you would like hard copies of any of the screening leaflets please make a note of the product code and order via the telephone or internet orderline.

Bowel Cancer Screening Publications

<http://www.cancerscreening.nhs.uk/bowel/publications/information-leaflets.html>

Breast Screening Publications

<http://www.cancerscreening.nhs.uk/breastscreen/publications/reviews-leaflets.html>

Cervical Screening Publications

<http://www.cancerscreening.nhs.uk/cervical/publications/reviews-leaflets.html>

Child Health

Eating for Breastfeeding

Healthy Eating Leaflets produced by Food Standards Agency

<http://www.food.gov.uk/aboutus/publications/#branch8>

Leaflets can be downloaded – to order hard copies please phone or e-mail – see website for details

<http://www.food.gov.uk/aboutus/publications/>

Meningitis Resources

<http://www.meningitis-trust.org/how-we-help/resources/health-professionals/>

Resources are available free of charge and can be downloaded or ordered in hard copy via the website

Baby Nosh

Tiny Tums

Tiny Teeth

All Dairy Council Leaflets are available free of charge and can be downloaded or ordered in hard copy via the website <http://www.milk.co.uk/publications/default.aspx>

Department of Health Publications

[Ordering leaflets from the Department of Health](#)

The following can be ordered via the Department of Health Orderline

http://www.orderline.dh.gov.uk/ecom_dh/public/home.jsf

About safe bottle feeding - bottle feeding leaflet

Product code: 278959

Off to the best start - important information on feeding your baby

Product Code: C4L117

Weaning your baby leaflet

Product Code: 278960

A good start in life: the secret's close to mum's chest - A3 poster

Product Code: 281099

Breastfeeding - it's a healthy choice for both of us - A3 poster

Product Code: 279477

Breastfeeding gives my baby the best start he deserves - A3 poster

Product Code: 279474

Life doesn't stop just because I breastfeed - A3 poster
Product Code: 281100

Why is breastfeeding best for my baby and me - A3 poster
Product Code: 281098

NBAW poster: African caribbean young mum with baby and grandmother
Product Code: 294984

NBAW top tips for you and your baby: Z card
Product Code: 294986

The Prevention and Treatment of Head Lice
Product Code: 279829

Reduce the risk of cot death
Product Code: 292301

The following can be downloaded or ordered via the Department of Health telephone orderline on 0300 123 1002:

Breastfeeding and Work
Product Code: 279474

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_082505

Healthy Start Resources

<http://www.healthystart.nhs.uk/en/materialforclients/Default.aspx>

Contraception

Family Planning Association Contraception Leaflets -

<http://www.fpa.org.uk/professionals/publicationsandresources/healthprofessionals/contraceptivemethods>

FPA [contraception booklets](#) and [sexually transmitted infection booklets](#) are available **free** to general practices in **England**. To order email allocations@fpa.org.uk and tell us how many booklets you want, remembering to order them in multiples of 50 copies. Please include the delivery address.

Is everybody doing it? your guide to contraception

FPA

<http://www.fpadirect.org.uk/young-people-resources-aged-11-and-above/is-everybody-doing-it-your-guide-to-contraception.html>

Drugs

Drug Driving – Department of Transport

<http://shop.dft.gov.uk/THINKShop/browse.aspx?CID=2d53f643-3d30-4f55-aa29-fc288c68e5be>

To order you will need to register with the Department of Transport - <https://shop.dft.gov.uk/THINKShop/Register.aspx> - To order more than the allowed number of copies contact customer services team on 0300 123 1102

Department of Health Publications

[Ordering leaflets from the Department of Health](#)

The following can be ordered via the Department of Health Orderline

http://www.orderline.dh.gov.uk/ecom_dh/public/home.jsf

All about drugs - does your child know more than you?

Product Code: 301886

Cocaine – what you need to know

Product Code: 288124

Gases, glues and aerosols. Is your child at risk? What every parent needs to know

Product Code: 277034

The truth about drugs - know the score

Product Code: 301887

The following can be downloaded or ordered via the Department of Health telephone orderline on 0300 123 1002:

Drugs - What the law says and what this means for you

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_4084880

General Health (Adults)

Arthritis Information Leaflets – available to order hard copies free of charge via the website

http://www.arthritisresearchuk.org/arthritis_information/order_our_publications/form.aspx

Department of Health Publications

[Ordering leaflets from the Department of Health](#)

The following can be ordered via the Department of Health Orderline

http://www.orderline.dh.gov.uk/ecom_dh/public/home.jsf

Get well soon without antibiotics

Product Code: 284682

If a cold is making you feel under the weather, antibiotics aren't going to help

Product Code: 290982

Remember, antibiotics won't help your defences against a cold (poster)

Product Code: 290981

Unfortunately no amount of antibiotics will get rid of your cold (poster)

Product Code: 290980

Healthy Eating

Healthy Eating Leaflets produced by Food Standards Agency

Provided by GCC Jan 2017

<http://www.food.gov.uk/aboutus/publications/#branch8>

Leaflets can be downloaded – to order hard copies please phone or e-mail – see website for details

<http://www.food.gov.uk/aboutus/publications/>

Fats (only available to download)

<http://www.food.gov.uk/multimedia/pdfs/fatsbooklet.pdf>

Sugars (only available to download)

<http://www.food.gov.uk/multimedia/pdfs/sugarsbooklet.pdf>

Baby Nosh

Tiny Tums

All Dairy Council Leaflets are available free of charge and can be downloaded or ordered in hard copy via the website <http://www.milk.co.uk/publications/default.aspx>

Department of Health Publications

[Ordering leaflets from the Department of Health](#)

The following can be ordered via the Department of Health Orderline

http://www.orderline.dh.gov.uk/ecom_dh/public/home.jsf

5 A day leaflet

Product Code: 301117

5 A Day Z card

Product Code: 289557

Change4Life - 8 easy ways to change4life poster

Product Code: C4L062

Change4Life - a Top Tips for Top Kids leaflet

Product Code: C4L034

Swap it, don't stop it

Product Code: C4L123VASC

Just Eat More Fruit and Veg Poster

Product Code: 30811

Immunisation

Department of Health Publications

[Ordering leaflets from the Department of Health](#)

The following can be ordered via the Department of Health Orderline

http://www.orderline.dh.gov.uk/ecom_dh/public/home.jsf

A guide to immunisation for babies up to 13 months of age>>

Product Code: 284537

A guide to Pre-School Immunisations for 3 to 5 year olds>>

Product Code: 275776

Are you fully immunised against mumps? >>

Product Code: 269484

HPV poster

Product Code: 296031

Hepatitis B - How to Protect Your Baby>>

Product Code: 279269

Seasonal Flu Vaccination – who should have it and why?

Product Code: 402705

Rubella - questions and answers>>

Product Code: 284889

TB - Tuberculosis – the disease, its treatment and prevention

Product Code: 401709

TB, BCG vaccine and your baby>>

Product Code: 283286

Teenage Immunisations (school years 8 to 13, ages 13 to 18) your questions answered>>

Product Code: 291293

Your guide to the HPV vaccine>>

Product Code: 294753

The following can be downloaded or ordered via the Department of Health telephone orderline on 0300 123 1002:

Chickenpox (varicella) immunisation for healthcare workers>>

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_4068814

Aged under 25? You may be at risk of meningitis and septicaemia

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_082740

Aged 65 or over? - make sure you get your pneumo jab>>

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_4109221

Mental Health**Stop domestic violence (poster) - Rotherham Domestic Violence Forum**

To order please contact 01709 302090

Young Minds Leaflets

Do you ever feel depressed? COST

<http://www.youngminds.org.uk/publications/all-publications/do-you-ever-feel-depressed/>

In School, Stay Cool>> COST

<http://www.youngminds.org.uk/publications/all-publications/in-school-stay-cool/>

Mental illness in your family>> COST

<http://www.youngminds.org.uk/publications/all-publications/mental-illness-in-your-family//>

Department of Health Publication

[Ordering leaflets from the Department of Health](#)

The following can be downloaded or ordered via the Department of Health telephone orderline on 0300 123 1002:

Help is at Hand - a resource for people bereaved by suicide and other sudden, traumatic death

http://www.orderline.dh.gov.uk/ecom_dh/public/saleproduct.jsf?rowId=302314

Miscellaneous

Safety and Hygiene Publications from Food Standards Agency

<http://www.food.gov.uk/aboutus/publications/safetyandhygiene/>

Leaflets can be downloaded – to order hard copies please phone or e-mail – see website for details

<http://www.food.gov.uk/aboutus/publications/>

Department of Health Publications

[Ordering leaflets from the Department of Health](#)

The following can be ordered via the Department of Health Orderline

http://www.orderline.dh.gov.uk/ecom_dh/public/home.jsf

Bird flu (avian influenza), public health advice for those going to or returning from bird flu affected areas – leaflet

Product Code: 273695

Bird flu (avian influenza), public health advice for those going to or returning from bird flu affected areas - poster

Product Code: 273696

Keep warm keep well

Product Code: 403300

Breast Implants - Information for women considering breast implants

Product Code: BI-LEAFLET

The following can be downloaded or ordered via the Department of Health telephone orderline on 0300 123 1002:

Catch it, Bin it, Kill it (poster)

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_123234

Coughs and sneezes spread diseases (poster)

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_066309

Organ Donation - Everything you need to know

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_4024966

Organ Donation and the South Asian Community

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_4006210

Stop germs spreading the power is in your hands (hand washing poster)

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_063674

Older People

Age UK Information Guide and Factsheets freely available to download

<http://www.ageuk.org.uk/publications/age-uk-information-guides-and-factsheets/>

National Osteoporosis Society Leaflets and Poster about Osteoporosis and Bone Health

<http://www.nos.org.uk/netcommunity/page.aspx?pid=1024>

Department of Health Publication

[Ordering leaflets from the Department of Health](#)

The following can be ordered via the Department of Health Orderline

http://www.orderline.dh.gov.uk/ecom_dh/public/home.jsf

Keep warm keep well

Product Code: 403300

Physical Activity

Doorstep walks leaflets – walks around Rotherham – Free to download and hard copies can be requested

http://www.rotherham.gov.uk/info/200102/walking/898/trail_leaflets

Steps to health walks in Rotherham – Free to download and hard copies can be requested

http://www.rotherham.gov.uk/info/200102/walking/910/easy_walks

Walk more feel the difference – Free to download

<http://www.wfh.naturalengland.org.uk/resources/walk-more-feel-difference>

Pregnancy

Tummies to Mummies

Bump to baby

Dairy Council Leaflets available to download and order hard copies free of charge

<http://www.milk.co.uk/publications/default.aspx>

Eating whilst you are pregnant

<http://www.food.gov.uk/aboutus/publications/#branch8>

Leaflets can be downloaded – to order hard copies please phone or e-mail – see website for details

<http://www.food.gov.uk/aboutus/publications/>

Pregnant and don't know what to do? A guide to your options

<http://www.fpa.org.uk/helpandadvice/unplannedpregnancy/pregnantanddontknowwhattodo>

Leaflet can be downloaded or purchased

Department of Health Publication

[Ordering leaflets from the Department of Health](#)

The following can be downloaded or ordered via the Department of Health telephone orderline on 0300 123 1002:

Better for Baby

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_4131234

Drinking – how much is too much when you are having a baby

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_4139674

The following can be ordered via the Department of Health Orderline

http://www.orderline.dh.gov.uk/ecom_dh/public/home.jsf

Folic Acid – an essential ingredient for making healthy babies

Product Code: 284016

Healthy Start Resources

<http://www.healthystart.nhs.uk/en/materialforclients/Default.aspx>

Sexual Health

Family Planning Association Sexual Health Leaflets -

<http://www.fpa.org.uk/professionals/publicationsandresources/healthprofessionals/sexuallytransmittedinfections>

FPA [contraception booklets](#) and [sexually transmitted infection booklets](#) are available **free to general practices in England**. To order email allocations@fpa.org.uk and tell us how many booklets you want, remembering to order them in multiples of 50 copies. Please include the delivery address.

Department of Health Publications

[Ordering leaflets from the Department of Health](#)

The following can be downloaded or ordered via the Department of Health telephone orderline on 0300 123 1002:

Better for Baby

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_4131234

The following can be ordered via the Department of Health Orderline

http://www.orderline.dh.gov.uk/ecom_dh/public/home.jsf

Hepatitis C- Are you at risk>>

Product Code: 292320

Chlamydia (poster) – Cinema

Product Code: CHLAM02

Chlamydia (poster) – Female clinic

Product Code: CHLAM01

Chlamydia (poster) – Male clinic

Product Code: CHLAM03

Chlamydia (poster) – Station

Product Code: CHLAM04

Contraception Poster – Bus IUS

Product Code: CONTRA02

Contraception Poster – Cafe IUD

Product Code: CONTRA01

Contraception Poster – Front Room – Best Contraception

Product Code: CONTRA04

Contraception Poster – Kitchen Injection

Product Code: CONTRA05

Contraception Poster – Shopping Implant

Product Code: CONTRA03

Smoking

Stop Smoking Resources

http://smokefree.nhs.uk/resources/resources/product-list/?page=browse_all_hp

Specific Conditions

Arthritis Information Leaflets – available to order hard copies free of charge via the website

http://www.arthritisresearchuk.org/arthritis_information/order_our_publications/form.aspx

Meningitis Resources

<http://www.meningitis-trust.org/how-we-help/resources/health-professionals/>

Resources are available free of charge and can be downloaded or ordered in hard copy via the website

National Osteoporosis Society Leaflets and Poster about Osteoporosis and Bone Health

<http://www.nos.org.uk/netcommunity/page.aspx?pid=1024>

Asthma Publications

http://www.asthma.org.uk/health_professionals/ordering_materials/index.html

Stroke Association Leaflets and Factsheets

http://www.stroke.org.uk/information/our_publications/leaflets/index.html

Department of Health Publications

[Ordering leaflets from the Department of Health](#)

Provided by GCC Jan 2017

The following can be ordered via the Department of Health Orderline
http://www.orderline.dh.gov.uk/ecom_dh/public/home.jsf

TB - Tuberculosis – the disease, its treatment and prevention

Product Code: 401709

Free NHS health check- helping you prevent heart disease, stoke, diabetes and kidney disease

Product Code: 291778

Hepatitis C- Are you at risk

Product Code: 292320

The following can be downloaded or ordered via the Department of Health telephone orderline on
0300 123 1002:

Be epilepsy aware>>

http://www.dh.gov.uk/en/Publicationsandstatistics/Lettersandcirculars/Dearcolleagueletters/DH_4081833

Living with diabetes - Your future health and wellbeing>>

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_4007939

Who cares? Information and Support for the carers of people with dementia>>

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_078093

Sun Protection

Cancer research UK – Sunsmart Resources

<http://www.sunsmart.org.uk/sunsmart-resources/>

Department of Health Publications

[Ordering leaflets from the Department of Health](#)

The following can be ordered via the Department of Health Orderline

http://www.orderline.dh.gov.uk/ecom_dh/public/home.jsf

Heatwave – looking after yourself and others during hot weather

Product Code: 301454

Teenage Health

FPA leaflets – cost - <http://www.fpadirect.org.uk/young-people-resources-aged-11-and-above.html>

4 boys>>

4 girls >>

Abortion>>

Is everybody doing it? Your guide to contraception>>

Love stings>>

Love, sex and relationships>>

Periods - what do you need to know>>

Meningitis Resources

<http://www.meningitis-trust.org/how-we-help/resources/health-professionals/>

Resources are available free of charge and can be downloaded or ordered in hard copy via the website

Get healthy feel great

All Dairy Council Leaflets are available free of charge and can be downloaded or ordered in hard copy via the website <http://www.milk.co.uk/publications/default.aspx>

Weight Management

Department of Health Publications

[Ordering leaflets from the Department of Health](#)

The following can be ordered via the Department of Health Orderline

http://www.orderline.dh.gov.uk/ecom_dh/public/home.jsf

Swap it, don't stop it

Product Code: C4L123VASC

Why weight matters? Your weight, your health

Product Code: 274538

Why your child's weight matters

Product Code: 277810

Women's Health

Department of Health Publications

[Ordering leaflets from the Department of Health](#)

Breast Screening Publications

<http://www.cancerscreening.nhs.uk/breastscreen/publications/reviews-leaflets.html>

Cervical Screening Publications

<http://www.cancerscreening.nhs.uk/cervical/publications/reviews-leaflets.html>

Department of Health Leaflets

The Department of Health (DH) produces a range of leaflets and posters on all aspects of health which are available free of charge and supplied in bulk without carriage costs.

You will need to register to order print copies of the leaflets online or you can telephone the orderline.

All leaflets and posters have a leaflet code which must be quoted when ordering. Not all leaflets are available on the online ordering system if you cannot find the leaflet you are looking for please telephone the DH orderline on 0300 123 1002 with the product code.

Most of the leaflets are available to download from the Department of Health website.

Ordering information:

DH Orderline https://www.orderline.dh.gov.uk/ecom_dh/public/home.jsf

Telephone: 0300 123 1002