



## Infographic guidance document: Oral health and dementia

### Infographic aims and objectives

This resource supports wider health care professionals in improving oral health outcomes, and reducing oral health inequalities in adults living with dementia. It aims to maximise the role of such professionals in using a brief oral-health intervention to:

- Raise awareness of the importance of oral health in dementia, and its impact on general health and wellbeing
- Provide basic oral health information
- Signpost to local dental services

### Who is this resource for?

- GPs
- Allied health professionals
- Pharmacy based staff

### Introducing the resources

1. **Oral health and dementia infographic:** Two PDF versions of the infographic; a printer-friendly black and white version, and a colour version.
2. **Supporting information pack:** Identifies opportunities to embed oral health promotion into existing dementia protocols, policies and training and includes information on:
  - Background: describing the case for action
  - Levers for change: summary of national guidance and recommendations
  - How to use the infographic
  - Evidence base of the infographic
  - Supporting resources

## South West dental access information

The infographic aims to encourage signposting to local dental services at all stages of the dementia care pathway. The table below summarises the contact details for NHS dental services across the South West.

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|---|---|
| <p><b>Bristol, North Somerset and South Gloucestershire</b></p> | <ul style="list-style-type: none"> <li>▪ <b>Dial NHS 111:</b> for any general patient enquiries day time, signposting to in-hours urgent appointments and out of hours.</li> <li>▪ <b>No dental helpline.</b></li> </ul>  |
| <p><b>Somerset</b></p>  | <ul style="list-style-type: none"> <li>▪ <b>Somerset Dental Helpline Tel: 0300 123 7691 or email <a href="mailto:dentist4u@sompar.nhs.uk">dentist4u@sompar.nhs.uk</a></b> Monday to Friday 08:30 – 20:00 and Sat/Sun 08:30-18:00. This dental helpline provides day time advice and signposting to in-hours urgent care appointments. Same number also operates the telephone line for OOH.</li> <li>▪ <b>Dial NHS 111</b> for outside of these hours.</li> </ul> |
| <p><b>Devon and Cornwall</b></p>                                | <ul style="list-style-type: none"> <li>▪ <b>Dial 03330 063 300 or email <a href="mailto:AccessDental.Helpline@nhs.net">AccessDental.Helpline@nhs.net</a></b> . Provides signposting to practices with spaces for routine care, advice and access to appointments for urgent care. Helpline can also signpost patients to specialist services such as community dental services and domiciliary providers.</li> </ul>  |
| <p><b>Swindon &amp; Wiltshire</b></p>                           | <ul style="list-style-type: none"> <li>▪ <b>Wiltshire Dental Helpline Tel: 0845 758 1926</b> Monday to Friday 0900-1730. This helpline offers day time enquiries, and signposting to in-hours pain appointments. Also offers sign posting to practices with spaces for routine ongoing care.</li> <li>▪ <b>Dial NHS 111</b> for pain appointments outside these hours.</li> </ul>   |
| <p><b>Gloucestershire</b></p>                                   | <ul style="list-style-type: none"> <li>▪ <b>Dial NHS 111</b> for any general patient enquiries day time, signposting to in hours pain appointments and out of hours.</li> <li>▪ <b>No dental helpline.</b></li> </ul>   |
| <p><b>Bath &amp; North East Somerset</b></p>                    | <ul style="list-style-type: none"> <li>▪ <b>Dial NHS 111</b> for any general patient enquiries day time, signposting to in hours pain appointments and out of hours.</li> <li>▪ <b>No dental helpline.</b></li> </ul>   |