

- Do you want to deliver better outcomes for your patients?
- Do you want to deliver public health services that will benefit your local community?
- Do you know what it takes to become a Healthy Living Pharmacy?

Whether you are considering implementing Healthy Living Pharmacy (HLP) locally and wish to become accredited, or simply want to find out more about the benefits the initiative can bring, our new e-learning course, *Healthy Living Pharmacy – developing your services*, will help.

HLPs make a real difference to the health and wellbeing of their communities. They do this by delivering consistent, high-quality health and wellbeing services such as stop smoking, weight loss, contraception and advice on alcohol, as well as proactive health advice and interventions.

### What will I learn during the course?

During our e-learning course you will use the HLP quality criteria framework to focus your learning and gather evidence to meet local accreditation requirements. The course looks at the policy drivers for public health in pharmacy and the outcomes and benefits that HLPs have demonstrated. It examines the key enablers for successful implementation of HLP, including leadership, delegation and change management, as well as specific public health topics, such as health needs and health inequalities, behaviour change, and brief advice.

This online course is structured over eight weeks, allowing you to plan your learning to suit you. We estimate that you will probably need to commit to five hours of learning each week.

<b>Week 1</b>	We will provide you with the background knowledge and evidence base for the development of HLPs. You will start to think about how HLP fits into the national pharmacy contract and the benefits that HLP can deliver for patients, staff and the pharmacy profession.
<b>Week 2</b>	This week we use the HLP quality criteria self-assessment questionnaire to plan how you can engage with stakeholders, commissioners and the public about HLP. We also look at commissioning and how HLP can be used to meet local health needs.
<b>Weeks 3 &amp; 4</b>	For the next two weeks of the course we look at the basics of behaviour change and brief advice. However, the emphasis is on developing the skills of your team and on how you can cascade your knowledge and skills to others.
<b>Week 5</b>	A key enabler for implementation of HLP is the development of leadership skills. In this first of three weeks devoted to leadership the focus is on managing change.
<b>Weeks 6 &amp; 7</b>	During these two weeks we continue with developing leadership skills. This will centre on managing yourself and managing others – in particular, skill mix and delegation.
<b>Week 8</b>	In the final week of the course the learning focus is on developing and sustaining HLP in your pharmacy in the long term.



## More about this course

Each week you will be given specific learning tasks, which may involve reading learning materials, accessing websites and completing quizzes.

In addition to sharing experiences and learning from each other in the discussion forums, you will be able to reflect on your learning by completing a personal reflective journal.

## Is there a specific time to log in for the interactive learning?

There is no specific time that you will need to log in as the course is flexible, but each week there will be a different discussion topic which will be available for you to view and contribute to. By participating in an active online learning community you can share ideas of best practice and there will be support from an online tutor who will be available for questions and will monitor some of the interactive activities to help stimulate discussions.

## When does it start?

The course starts on **Monday 11 January 2016** and runs for eight weeks.

## How do I book on?

Booking on to this course is just like accessing any other e-learning course on our website.

- Log in to CPPE at: **www.cppe.ac.uk** and choose e-courses at the bottom of the home page.
- Click on the *Healthy Living Pharmacy – developing your services, e-course* and then click on *Book a place*.
- Follow the instructions to register for the course on CourseSites®.
- We will also send this information in an email to the address that CPPE has on file for you. Please check that we have your most up-to-date email address. You can update it in your profile page in My CPPE.
- Once you are registered, you can log into our course directly through CourseSites®.

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Visit: **www.cppe.ac.uk** and book on today.