

About Your Diabetes

These questions will help you and your pharmacist measure the impact your diabetes is having on your health and wellbeing and daily life. Your answers, and test score, can then be used to improve the management of your diabetes and get the greatest benefit from treatment.

Please indicate whether you have received the following tests/ care in the last 12 months from your GP or other healthcare professional.

If you are unsure about any of the following, please ask your pharmacist.

	Yes	No	N/A
I have had my HbA1c measured (this is measuring your blood sugar control over three months)			
I have had my blood pressure measured by the GP/ diabetes nurse			
I have had my cholesterol levels measured by the GP/ diabetes nurse			
I have had a retinal screening – this is a picture of your eye and is in addition to your annual eye check			
I have had a foot and leg check with a diabetes nurse/ specialist			
I have had a kidney function test (this is usually done by having a blood test)			
I have had my weight and waist measurement assessed by the doctor or nurse			
I have been offered advice and support to stop smoking if I am a smoker			
I have a written plan about how to manage my diabetes agreed with my doctor/ nurse/ diabetes specialist			
I have been offered a diabetes education course			