

Medicines Use Reviews (MURs): Get the best from your medication



If you're taking long-term medication, you may be entitled to a free NHS service to help you get the best from your medicines. Most community pharmacists offer this free service to people who regularly take more than one medicine. People who only take one medicine may also be eligible.

What it involves

You have a private one-to-one conversation with your pharmacist where you can discuss the medication you are taking, how you are feeling, and any other related issues. The benefits for you include:

- Understanding your medication better. An opportunity to ask any questions you have about your medicine
- Getting help with any problems or side-effects you're experiencing from your medication
- Learning how to get the best from your medication

Afterwards, your pharmacist may contact your GP e.g. to let him/her know if you are having problems with the medicines you're taking or if you might benefit from a different medication.

How to get this free check

- Your pharmacy may ask you if you would like this free NHS service.
- You can also ask your pharmacist about it – you don't need to be invited.

And remember: Pharmacies are always happy to help if you have any queries or concerns about your medication, or are experiencing side-effects that you are worried about. If in doubt, always ask!