

# Minor Ailments:

## Care & advice from your local pharmacy



Community pharmacies in many parts of Greater Manchester now provide a Minor Ailments Service that means you can get expert care & treatment for minor illnesses and injuries without having to see your GP.

You don't need an appointment. Just walk in to any pharmacy offering the Minor Ailments Service and you'll get advice and treatment from a highly-qualified health professional straight away.

### Examples of minor ailments include:

- Constipation, diarrhoea, indigestion/heartburn
- Sore throat
- Cold sores
- Verrucas, warts
- Temperature
- Headaches, migraines
- Earaches, ear wax
- Hayfever
- Allergies and rashes
- Sprains, strains and other soft tissue injuries
- Dry skin, athlete's foot, dermatitis
- Eczema
- Head lice
- Insect bites and stings
- Nappy rash, nasal congestion in infants
- Conjunctivitis
- Threadworm
- Thrush (oral and vaginal)
- Haemorrhoids