



MANCHESTER  
CITY COUNCIL

**WE ARE  
MACMILLAN.  
CANCER SUPPORT**

## **Cancer Support Groups** **In the City of Manchester & surrounding areas** **SUMMER 2017**

*Compiled by the Macmillan Information & Support Service,  
Manchester City Council*

While this is the most comprehensive list available, not all activities are included, especially the further away they are from the City of Manchester.

To find out more about local services,  
contact the nearest cancer information and support centre on the list below.

Details can quickly change,  
so please contact services in advance to avoid disappointment.

If you have any amendments or additions, please contact Ali Davenport,  
Macmillan Community Outreach Officer,  
a.davenport1@manchester.gov.uk, 07767 663 099

The service also produces a list of **Living With & Beyond Cancer Activities**

- Blood
- Bowel
- Breast
- Gastric & oesophageal
- General
- Gynaecological
- Head & neck
- Laryngectomees
- Liver
- Lung
- Mesothelioma
- Pelvic radiotherapy
- Prostate
- Sarcoma
- Urostomy
- Web-based support
- Young people

# Cancer information & support centres

The information and support services provide information and face-to-face support to people living with and beyond cancer. Centres are usually open Monday to Friday but please ring to check opening hours before making a journey specially to visit.

## Macmillan Information and Support Service in Manchester City Council

This friendly and confidential service is for anyone affected by cancer in the City of Manchester, from the person themselves to family, carers, work colleagues and friends.

Talk to staff over the phone or make an appointment in a library or other community venue.

**0161 227 3727, [macmillan@manchester.gov.uk](mailto:macmillan@manchester.gov.uk)**

**Macmillan Information and Support Service, Beechwood Cancer Care Centre,**  
Beechwood Cancer Care Centre,  
Chelford Grove, Stockport, SK3 8LS  
0161 476 0384 / 0161 477 8351

**Bolton Macmillan Cancer Information and Support Service,** Royal Bolton Hospital,  
BL4 0JR, 01204 390624 / Bolton One, Moor Lane, BL3 5BN, 01204 462442 / Giles House, 43 Chorley New Rd, BL1 4QR, 01204 663059, [boltoncancerinfo@nhs.net](mailto:boltoncancerinfo@nhs.net)

**Macmillan Cancer Information and Support Centre (Central Manchester)**  
Main Out-patients Department, Manchester Royal Infirmary, Oxford Road, M13 9WL, 0161 276 6868, [cancer.information@cmft.nhs.uk](mailto:cancer.information@cmft.nhs.uk)

**The Christie Cancer Information Centre,** The Christie NHS Foundation Trust,  
Wilmslow Road, Withington, M20 4BX, 0161 446 8100

**The Christie at Oldham, Macmillan Cancer Information and Support,**  
The Royal Oldham Hospital, Rochdale Rd, OL1 2JH, 0161 918 7745

**The Christie at Salford, Cancer Information Centre,** Salford Royal Hospital,  
Stott Lane, M6 8HD, 0161 918 7804

**Macmillan Cancer Information and Support Service (Crewe),**  
Macmillan Cancer Unit, Mid-Cheshire Hospitals NHS Foundation Trust, Leighton Hospital, CW1 4QJ, 01270 273603

**Macmillan Cancer Resource Centre (Macclesfield),** East Cheshire NHS Trust,  
Victoria Road, SK10 3BL, 01625 663128/9

**Macmillan Cancer Information and Support Service (Pennine - Bury, North Manchester, Oldham, Heywood, Middleton & Rochdale),** North Manchester General Hospital, Delaunays Rd, Crumpsall, M8 5RB, 0161 604 5244, [macmillan.infocentre@pat.nhs.uk](mailto:macmillan.infocentre@pat.nhs.uk)

**Macmillan Cancer Information and Support Centre (Salford),**  
Salford Royal Hospital, Stott Lane, M6 8HD, 0161 206 1455/0161 918 7804

**Macmillan Cancer Information and Support Service (South Manchester),**  
Wythenshawe Hospital, Southmoor Road, M23 9LT, 0161 291 4876 / 4875

**Tameside & Glossop Macmillan Cancer Information and Support Centre,**  
Tameside Macmillan Unit, Ladysmith House, Tameside Hospital, Fountain St, Ashton Under Lyne, OL6 9RW, 0161 922 5644, [macmillan.info@tgh.nhs.uk](mailto:macmillan.info@tgh.nhs.uk)

**Trafford Macmillan Cancer Information and Support Service (Trafford),**  
Macmillan Wellbeing Centre, Moorside Road, Davyhulme, M41 5SN, 0161 746 2081

**Wigan Macmillan Cancer Information and Support Service (Wigan),**  
The Christie at Wigan, Royal Albert Edward Infirmary, Wigan Lane, WN1 2NN, 01942 822760, Macmillan Information and Support Centre, Thomas Linacre Centre, Parsons Walk, WN1 1RU, 01942 774620

## Blood

### **Manchester Lymphoma Association Support Group (South Manchester)**

**Activity:** A friendly group which has been meeting for over ten years.

**Contact:** Ann 07906 098784, Sue 0161 439 7971, Karen 07710 393 891 or the Lymphoma Association on 0808 0808 5555

**Email:** annmiskimin@hotmail.com, information@lymphomas.org.uk

**Meet at:** The Christie Hospital, Wilmslow Road, Withington, M20 4BX

**Date / time:** Wednesday evenings, six times a year, 7.30-9.30pm

**Who for:** People recently diagnosed and those living with Lymphoma, be it patient, family member or friend. There is also a group in Wigan.

### **Pennine Lymphoma Support Group (North Manchester)**

**Activity:** This friendly group offers information and support and regular guest speakers.

www.thepenninelymphomasupportgroup.co.uk

**Contact:** Joyce 0161 766 1611

**Email:** dmy@sky.com

**Meet at:** Middleton Masonic Hall, Manchester Old Road, M24 4DY

**Date / time:** Every six weeks, Thursdays, 1.30-3.30pm

**Who for:** For anyone affected by lymphoma cancer, including relatives, carers and friends should they feel they would benefit from attending.

### **The Christie Haematology Support Group (South Manchester)**

**Activity:** A support group with guest speakers. www.leukaemiacare.org.uk

**Contact:** Leukaemia Care 08088 010 444

**Email:** care@leukaemiacare.org.uk

**Meet at:** The Christie Education Centre (Department 17), Wilmslow Road, Withington, M20 4BX. (The meeting room within the Centre may vary each time.)

**Date / time:** Every two months, 2-3.30pm

**Who for:** Anyone affected by blood or lymphatic cancer or related blood disorder, including myeloma. Partners, family and carers welcome.

### **West Pennine Myeloma Support Group (Bury)**

**Activity:** Previously the North Manchester and Bury Myeloma Support Group. This well attended group offers information and support, and regular guest speakers. www.wpenninemyeloma.org.uk

**Contact:** Joan Smith, Secretary, 0161 766 4669, Stephanie Skinner, Chair, 01706 662388

**Email:** joansmith.parrfold@btinternet.com, stephskinner1948@gmail.com

**Meet at:** Elizabethan Suite, Bury Town Hall, Knowsley Road, BL9 0SW

**Date / time:** Meets every six weeks, 1-3pm

**Who for:** Welcomes patients, carers and family members.

## Bowel

### **Colorectal Stoma Support Group (Oldham)**

**Contact:** Julie Williams, colorectal clinical nurse specialist or Julie Meadows, stoma care clinical nurse specialist, 0161 604 5905 / 0161 720 2815

**Email:** julie.williams2@pat.nhs.uk

**Meet at:** Victoria Hotel, Hollinwood Ave, Chadderton, OL9 8DE

**Date / time:** Meets every three months, first Wednesday in March, June, September and December, 2-4pm

**Who for:** For patients who have been treated within the Pennine Acute Hospitals NHS Trust.

### **Colo-rectal Support Group (Salford)**

**(Also known as Bowel Cancer Support group)**

**Contact:** The Clinical Nurse Specialists on 0161 206 1249 or Janet at The Christie at Salford Cancer Information Centre on 0161 918 7804

**Meet at:** The Mayo Building, Salford Royal NHS Foundation Trust, M6 8HD

**Date / time:** Bi-monthly, usually Thursday evening, 6-8pm

**Who for:** For colorectal patients and families. It is mainly patients from Salford Royal but is open to everyone.

### **Oldham Stoma Support (Oldham)**

**Activity:** Support and help with any problems people have. There is always a stoma nurse present for advice. [www.colostomyassociation.org.uk](http://www.colostomyassociation.org.uk)

**Contact:** June Wilde, 0161 312 5538, 07799959242

**Email:** [j.wilde50@live.co.uk](mailto:j.wilde50@live.co.uk)

**Date / time:** 1st Tuesday every second month, 7-9pm

**Meet at:** Link Centre, Union Street, OL1 1DZ

**Who for:** For anyone who needs help, including partners, friends and family.

### **South Manchester Bowel Support Group (Trafford)**

**Activity:** A group of people who have experienced the effects of bowel cancer. They organise various events throughout the year and have guest speakers and specialist colorectal nurses at all meetings. They offer a chance for a friendly chat with others who understand people's situations.

**Contact:** Joan on 0161 437 0577 or Lillian on 07906 881396

**Email:** [sth.mcr.bowelcancersupt.group@gmail.com](mailto:sth.mcr.bowelcancersupt.group@gmail.com)

**Meet at:** Timperley Methodist Church, Stockport Road, WA15 7UG. There is ample free parking and the church is on a bus route.

**Date / time:** The 3rd Thursday of alternate months (January, March, May, July, September, November) from 1.30-3.30pm.

**Who for:** Largely South Manchester but open to all.

### **Trafford Bowel Care (Trafford)**

**Activity:** The group is no longer running but Jackie and John can be contacted by phone for advice and signposting. [www.colostomyassociation.org.uk](http://www.colostomyassociation.org.uk)

**Contact:** Jackie Carey, 0161 748 9659, John 0161 748 4655

**Who for:** Anyone affected but especially helpful for those in the Trafford area.

## **Breast**

### **Living With Secondary Breast Cancer (Manchester)**

**Activity:** Breast Cancer Care monthly meet-ups for information and a chance to chat and share experiences with others with a secondary diagnosis. Longer sessions on alternate months with guest speakers.

**Contact:** 0345 077 1893

**Email:** [secondaryservices@breastcancercare.org.uk](mailto:secondaryservices@breastcancercare.org.uk)

**Date / time:** Once a month from 11am

**Location:** Manchester

**Who for:** Open to anyone with secondary breast cancer.

### **Rochdale Breast Cancer Support Group (Rochdale)**

**Activity:** Offers support in a friendly atmosphere with opportunities to socialise and join in arranged outings. Interesting speakers most months.

**Contact:** Margaret Hammond 01706 868 094

**Meet at:** Thrum Hall Lane, Thrum Hall Methodist Church, Thrum Hall Lane, OL12 6DE

**Date / time:** Meets 1-4pm on the last Wednesday of every month

**Who for:** Open to all with breast cancer.

### **Salford Breast Cancer Group (Salford)**

**Activity:** This group is currently under development.

**Contact:** Janet or Joanne on 0161 206 1455

**Email:** [janet.atherton@srft.nhs.uk](mailto:janet.atherton@srft.nhs.uk) or [joanne.shaw@srft.nhs.uk](mailto:joanne.shaw@srft.nhs.uk)

**Date / time:** To be confirmed

**Meet at:** Salford Royal NHS Foundation Trust, Stott Lane Salford M6 8HD

**Who for:** For those with a breast cancer diagnosis in the Salford area.

### **South Manchester Breast Support Group (South Manchester)**

**Activity:** A chance to meet other patients on an informal basis.

**Contact:** 0161 291 3113 Julia Linihan or the Macmillan Cancer Information and Support Service, Wythenshawe Hospital, 0161 291 4876 / 4875

**Email:** julia.linihan@uhsm.nhs.uk

**Meet at:** Macmillan Cancer Information & Support Service, Wythenshawe Hospital, Southmoor Rd, M23 9LT

**Date / time:** Monthly meetings.

**Who for:** For UHSM patients only at the present time.

## **Gastric & oesophageal**

### **Gastric & oesophageal support groups (Greater Manchester)**

**Activity:** A range of support groups in the Greater Manchester area.

**Contact:** John Shuttleworth on 0161 427 2346

**Email:** johnmshuttleworth@hotmail.com

**Meet at:** Wythenshawe Hospital, Stepping Hill Hospital, Wigan Hospital, Salford Royal Hospital and Trafford General Hospital.

**Date / time:** Various.

**Who for:** All groups open to anyone, including carers and partners. People may attend more than one group if they wish.

### **Gastric & Oesophageal Support Group (South Manchester)**

**Activity:** Invited speakers and informal chat with other patients.

**Contact:** Tina Foley, 0161 291 2547

**Email:** tina.foley@uhsm.nhs.uk

**Meet at:** Education & Research Centre, Wythenshawe Hospital, M23 9LT

**Date / time:** Third Wednesday of every alternate month (from January) at 7-9pm

**Who for:** Patients and carers.

### **Trafford Upper GI Support Group (Trafford)**

**Contact:** Callula Nulty, Marina Goater or Natalie Cooper, 0161 2765960, 07855 093896

**Email:** callula.nulty@cmft.nhs.uk, marina.goater@cmft.nhs.uk or natalie.cooper@cmft.nhs.uk

**Meet at:** Macmillan Wellbeing Centre, Moorside Road, Davyhulme, M41 5SN

**Date / time:** Bi-monthly on a Friday, 11am-1pm

**Who for:** Run by Central Manchester University Hospitals NHS Foundation Trust for any patients who have had or have a diagnosis of oesophageal or gastric cancers, and their carers and family.

### **Upper GI Support Group (Salford)**

**Activity:** This welcoming and useful support group has regular guest speakers and presentations which the group find interesting and informative.

**Contact:** The Clinical Specialist Nurses on 0161 206 1603 or Janet at The Christie at Salford Cancer Information Centre on 0161 918 7804

**Email:** jennifer.stockton@srft.nhs.uk

**Meet at:** The Mayo Building, Salford Royal NHS Foundation Trust, M6 8HD

**Date / time:** Bi-monthly, usually a Tuesday evening

**Who for:** The group is open to anyone who is an Upper Gastrointestinal patient and their carers, partners and family.

## **General**

### **Being There support groups (North and South Manchester, Salford, Trafford)**

Being There (formerly CALLplus) provides a number of get-togethers for people with cancer or other life-limiting illness, carers and family members living in Greater Manchester. These are informal group sessions where people can mix and have a chat in a relaxed and supportive atmosphere. Sometimes the groups have talks from external speakers as well as relaxation or arts sessions. Transport and refreshments are provided (suggested donation £2). At various times of year the groups also go out on accompanied day trips to places of interest in the North West. [www.beingthere.org.uk](http://www.beingthere.org.uk)

**Contact:** Becky, 0161 230 1431  
**Email:** northmanacs@beingthere.org.uk  
**Date / time:** Alternate Wednesdays, 12 noon-2pm  
**Meet at:** New Moston Club, 64 Parkfield Road North, New Moston, M40 3RQ

**Contact:** 0161 291 2911  
**Email:** southmanacs@beingthere.org.uk  
**Date / time:** Alternate Tuesdays, 1-3pm  
**Meet at:** St Christopher's Church Hall, Moorgate Avenue, Withington, M20 1HE

**Contact:** Margaret or Suzanne, 0161 212 4473  
**Email:** salford@beingthere.org.uk  
**Date / time:** Alternate Wednesdays, 1.30-3pm  
**Meet at:** Holy Cross Parish and Community Hall, Aldred Street, Eccles, M30 8PS

**Contact:** Lynne, 0161 747 2452  
**Email:** trafford@beingthere.org.uk  
**Date / time:** Alternate Tuesdays, 2-4pm  
**Meet at:** Salvation Army Hall, 27 Ashton Lane, Sale, M33 6NP

### **Can-Survive UK groups – CSUK (Central Manchester)**

**Activity:** Provides culturally sensitive support and information for people with cancer, their families and carers. It runs two support groups: WOW! (Women Only Wednesdays) and MOT (Men Only Thursdays) with health and wellbeing therapies, workshops and advice, and a chance to chat with others and share experiences. Refreshments and light lunch provided. Reasonable travel expenses paid.

**Contact:** Marcella, 0161 445 0211, 07496 089310

**Email:** info@can-survive.org.uk

**Date / time:** WOW! – usually 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays of each month, 1-3pm, MOT – usually 2<sup>nd</sup> and 4<sup>th</sup> Thursdays of each month, 1-3pm. For dates, please call or visit website - [www.can-survive.org.uk](http://www.can-survive.org.uk).

**Meet at:** Kath Locke Centre, 123 Moss Lane East, M15 5DD

**Who for:** CSUK's groups are targeted at but not exclusive to Black and Minority Ethnic (BME) and marginalised people affected by cancer. Patients, family and carers are all welcome at both groups.

### **Bolton Cancer Support Group (Bolton)**

**Activity:** Living with cancer can leave people feeling lonely or isolated but they don't have to go through it alone. This group provides a confidential environment to share information, support and experiences.

**Contact:** Julie 07463773924

**Email:** juliewhite123@live.co.uk

**Date / time:** Third Wednesday of each month, 7-9pm

**Meet at:** The Macmillan Cancer Information & Support Centre at Royal Bolton Hospital, Minerva Road, BL4 0JR

**Who for:** For people who are living with and beyond cancer.

### **Cheshire Cup Cakes (North West)**

**Activity:** Members of this private facebook group provide support to each other, with opportunities to post questions and share ideas. Occasionally, people meet for meals, walks, and afternoon teas. Organised events provide the opportunity to socialise and find local ladies for separate smaller 'Cup Cake' coffee mornings. The main support is online and it remains positive and upbeat.

**Contact:** Facebook page, 'Cheshire Cupcakes – for women with cancer'.

**Email:** cheshirecupcakes@outlook.com

**Date / time:** Various

**Meet at:** Different venues around the North West.

**Who for:** A group for women who have had, or are going through, any type of cancer.

### **Coffee mornings – Beechwood Cancer Care (Stockport)**

**Contact:** 0161 476 0384

**Email:** enquiries@beechwoodcancercare.co.uk

**Meet at:** Beechwood Cancer Care Centre, Chelford Grove, SK3 8LS

**Date / time:** Alternate Thursday mornings, 10am-12 noon

**Who for:** All welcome.

### **CRAFT – Cancer Recovery & Friends Together (Trafford)**

**Activity:** A self-help group for those who are seeking support to get back to normal following a cancer diagnosis and treatment.

**Contact:** Macmillan Wellbeing Centre 0161 746 2080

**Date / time:** 2nd and 4th Friday of each month between 1-3pm

**Meet at:** Macmillan Wellbeing Centre, Moorside Road, Davyhulme, M41 5SN

**Who for:** Trafford patients and carers.

### **Living With & Beyond Cancer Group (North Manchester)**

**Activity:** Each meeting there is an informal conversation around a different theme, facilitated by a Macmillan Professional, such as fatigue and the emotional effects of cancer. The group are encouraged to share experiences and learn from each other.

**Contact:** Ali Davenport, Macmillan Community Outreach Officer, Macmillan Information & Support Service, Manchester City Council, 227 3727 or 07767 663 099

**Email:** a.davenport1@manchester.gov.uk

**Date / time:** Every two months, Thursday mornings 10am-12 noon

**Meet at:** Post-graduate Medical Centre, North Manchester General Hospital, Crumpsall, M8 5RB

**Who for:** Open to anyone living with and beyond cancer from the Greater Manchester area.

## **Gynaecological**

### **Go! Gynae Group (South Manchester)**

**Activity:** Patient led group with nurses in attendance. Informal setting with refreshments. Activities are both cancer related and non-cancer related. There is also a facebook group – [fb.me/gynaesupportgroup](https://fb.me/gynaesupportgroup)

**Contact:** Sabine Fornacon Wood 0161 291 4234 / Anne Bryant (email)

**Email:** [sabine.fornaconwood@UHSM.NHS.UK](mailto:sabine.fornaconwood@UHSM.NHS.UK) / [annebryant.court@btopenworld.com](mailto:annebryant.court@btopenworld.com)

**Meet at:** Seminar Room 2, First Floor, Withington Community Hospital, Nell Lane, M20 2LR

**Date / time:** 3rd Thursday of each month, 2pm

**Who for:** For any patients who have been treated for a gynaecological cancer.

### **Salford Endometrial Support Group (Salford)**

**Activity:** This is a new group under development, which will focus on support, prevention and awareness for those with an endometrial (womb) cancer diagnosis.

**Contact:** Jackie Chan, Gynaecology CNS 0161 206 5284 or Janet 0161 206 1455

**Email:** [janet.atherton@srft.nhs.uk](mailto:janet.atherton@srft.nhs.uk)

**Date / time:** To be confirmed.

**Meet at:** The Christie meeting room, ground floor of the Ladywell Building, Salford Royal NHS Foundation Trust, Stott Lane M6 8HD

**Who for:** Salford residents only.

### **Sunflowers Support Group (Trafford)**

**Activity:** A group for women to meet others within their local area for friendship and mutual support. To offer emotional support and advice to women affected by a gynaecological cancer. It is also an opportunity to access information relating to health and wellbeing during and after cancer, as well as support from gynaecological nurse specialists in an informal setting. Supported by Target Ovarian Cancer and Jo's Cervical Cancer Trust.

**Contact:** Joanne Knight – 01942 264778

**Meet at:** The Trafford Centre, M17 8AA, outside the management suite, upstairs near the entrance to the food court, near to Est Est Est.

**Date/Time:** Every two months, 10.30am-12.30pm

**Who for:** A patients only group but open to any gynae-oncology patients who wish to join.

## Head & neck

### **Pennine Head, Neck & Thyroid Support Group (North Manchester)**

**Contact:** Tracy Barnes or Marie Round, Macmillan Head and Neck Clinical Nurse Specialists, 0161 922 3536

**Meet at:** St Paul's Church, Victoria Avenue, Blackley, M9 6RB

**Date / time:** Meets every two months, usually 1<sup>st</sup> Monday of month, 6.30-8pm.

**Who for:** Open to Pennine patients with a head and neck cancer diagnosis, including family or carers.

### **Trafford Head & Neck Cancer Support Group (Trafford)**

**Activity:** There are guest speakers to some of the sessions on topics such as oral health, stress management and dietary advice but some sessions are left unstructured for peer support.

**Contact:** Siobhan Vesey, Clinical Team Lead, Adult Speech and Language Therapy, 0161 746 2531 or Marina Goater, Nutrition Nurse Specialist, 0161 746 2531

**Email:** siobhan.vesey@nhs.net

**Meet at:** Macmillan Wellbeing Centre, Moorside Road, Davyhulme, M41 5SN

**Date / time:** 6 meetings a year, alternate months, generally on a Friday 10am-12 noon.

**Who for:** Attendees are usually Trafford residents or registered with a Trafford GP but the group is open to people outside the area.

## Laryngectomees

### **Greater Manchester New Speakers Club (Salford & Central Manchester)**

**Activity:** Support for people who have had their voice box removed (laryngectomees). Also offers befriending and one to one support and home/hospital visiting.

**Contact:** Frances Ascott, Specialist Speech Therapist, Manchester Royal Infirmary, 0161 276 4215 or Laura O'Shea 07818 588847

**Email:** frances.ascott@cmft.nhs.uk, laura.oshea@srft.nhs.uk,

Brenda Loynds (chair), brendaloynds@talktalk.net

**Meet at:** Locally in the Salford and Central Manchester area, often Pendleton Gateway, Community Room 1, Ground floor near reception, 1 Broadwalk, Pendleton, M6 5FX

**Date / time:** 2-4pm, 4-6 times a year, plus social trips

**Who for:** Open to people from the wider area.

### **The Quiet Ones (Oldham)**

**Activity:** A support group plus social trips and outings.

**Contact:** Christine Newton, 0161 683 5617, 07561 311008 (Enquiries welcome by text)

**Email:** christinenewton@live.co.uk

**Meet at:** Royton Band Club, Sandy Lane, Royton, OL2 5QP

**Date / time:** Bi-monthly on the last Saturday of the month, 1-3pm.

**Who for:** Support group for anyone from Greater Manchester who has had a laryngectomy.

## Liver

### **Manchester Royal Infirmary Liver Patients Support Group (Central Manchester)**

**Contact:** Esther Pears, 0161 276 8772

**Email:** esther.pears@cmft.nhs.uk

**Meet at:** Department of Dermatology, Manchester Royal Infirmary, M13 9WL

**Date / time:** Meets on the last Friday of every month at 2pm

**Who for:** Manchester Royal Infirmary patients.



## Lung

### **Living Well With & After Lung Cancer (Tameside)**

**Activity:** Friendly get-togethers, sometimes with guest speakers or discussion topics. Occasional social outings. Supported by the Roy Castle Lung Foundation.

**Contact:** Laura Hatton, lung cancer nurse specialist / 0161 922 4947

**Email:** laura.hatton@tgh.nhs.uk

**Date / time:** 1st Tuesday of the month, 2.30-4pm

**Meet at:** Stamford Unit, 1<sup>st</sup> Floor, Darnton House, Darnton Road, Tameside General Hospital, Ashton-Under-Lyne, OL6 6RL

**Who for:** Open to anyone from any area, including partners and family.

### **Lung Support Group (Salford)**

**Activity:** New patients and families/friends are always made welcome at this friendly support group. Over refreshments they share their experiences and have occasional guest speakers.

**Contact:** The Clinical Nurse Specialists – Mary Taylor 0161 206 5771 or Patricia Kelly 0161 206 1498

**Email:** mary.k.taylor@srft.nhs.uk

**Meet at:** Pendleton Gateway, 1 Broadwalk, Pendleton, M6 5FX

**Date / time:** The 1st Tuesday of every month from 2-4pm

**Who for:** Open to people outside the area.

## Mesothelioma

### **Greater Manchester Asbestos Victims Support Group (City Centre)**

**Activity:** Set up through the Greater Manchester Asbestos Victims Support Group, this group is largely bereaved partners of people who have died of Mesothelioma. For those dealing with the disease, see the Living Well With Mesothelioma Patient and Carers Support Group.

**Contact:** Vera Rigby, the Support Group Chair, 01457 873 560

**Email:** verarigby@talktalk.net or asbestos.gmavsg@gmail.com

**Meet at:** The Royal British Legion, Victoria Buildings, 1-7 Princess Street, M2 4DF

**Date / time:** Approximately every three months on a Wednesday, 10.30am until 1pm.

**Who for:** Anyone in the Greater Manchester area.

### **Living Well With Mesothelioma Patient and Carers Support Group (City Centre)**

**Activity:** These sessions provide an opportunity to meet others who understand what you are going through and to learn more about Mesothelioma and the help available. Each session has a speaker and helps with aspects of how to cope with the effects of Mesothelioma.

**Contact:** 0161 636 7555 or Mairead Dixon, Senior Clinical Nurse Specialist Mesothelioma, 0161 291 5320

**Email:** mairead.dixon@uhsm.nhs.uk

**Meet at:** The Collier Room, Methodist Central Hall, Oldham Street, M1 1JQ

**Date / time:** First Monday of the month, 1.30-3.30pm

**Who for:** For people with mesothelioma and those who care for them.

## Pelvic radiotherapy

### **The Effects Of Pelvic Radiotherapy Support Group (South Manchester)**

**Contact:** Susan Taylor 01257 424 110, Brian Hixson 0161 833 9620

**Meet at:** The Northern Tennis Club, Palatine Rd, West Didsbury, M20 3YA. Free car park and adjacent to the West Didsbury Metro Station.

**Date / time:** 2nd Wednesday of each month, 1-3pm

**Who for:** Patients and carers welcome from Greater Manchester and Cheshire.

## Prostate

### **Check It Out – Prostate Cancer Support Group for African and Caribbean Men (Central Manchester)**

**Activity:** An opportunity to meet with other people with a prostate cancer diagnosis. Supported by the Urology clinical specialist nurses, with guest speakers.

**Contact:** Claire Dutton or Laura Robinson, Urology nurses, 0161 276 3645

**Email:** [laura.robinson@cmft.nhs.uk](mailto:laura.robinson@cmft.nhs.uk), [claire.dutton@cmft.nhs.uk](mailto:claire.dutton@cmft.nhs.uk)

**Meet at:** The Social Club, Manchester Royal Infirmary, Nelson Street, M13 9WL

**Date / time:** Every three months.

**Who for:** For African and Caribbean men and their partners in Manchester and Trafford.

### **Out With Prostate Cancer North West (Central Manchester)**

**Activity:** This group provides a safe and confidential environment for men and their partners or supporters to discuss their concerns and experiences with other gay and bisexual men dealing with prostate cancer. Trans people affected by prostate cancer are also welcome. [www.outwithprostatecancer.org.uk](http://www.outwithprostatecancer.org.uk)

**Contact:** Martin Wells, The LGBT Foundation Community Resource Centre, 07764 741366, Helpline 0800 035 5302

**Email:** [outwithprostatecancer@yahoo.co.uk](mailto:outwithprostatecancer@yahoo.co.uk)

**Meet at:** The LGBT Foundation Community Resource Centre, 5 Richmond Street, M1 3HF

**Date / time:** First Saturday of each month, 2-4pm

**Who for:** Although the group meets in Manchester, it offers support to gay and bisexual men and trans people throughout the country through support groups in Birmingham and London, and Twitter @owprostateca and Skype (username:owprostateca).

### **Prostate Cancer Support (Oldham)**

**Contact:** 0161 474 8222

**Email:** [info@prostatecancersupport.org](mailto:info@prostatecancersupport.org)

**Meet at:** Werneth Cricket and Bowling Club, The Pavilion, Chamber Road, OL8 1AA. This is a partner group. [www.prostatecancersupport.org](http://www.prostatecancersupport.org)

### **Prostate Cancer Support (Salford)**

**Contact:** 0161 474 8222

**Email:** [info@prostatecancersupport.org](mailto:info@prostatecancersupport.org)

**Meet at:** Elm Bank Eccles Masonic Hall Ltd, 46 Halfedge Lane, M30 9BA

**Date / time:** 3rd Wednesday of every month, 2-4pm, [www.prostatecancersupport.org](http://www.prostatecancersupport.org)

### **Prostate Cancer Support (Stockport)**

**Contact:** Michelle Nixon at Beechwood Cancer Care Centre, 0161 476 0384

**Email:** [enquiries@beechwoodcancer care.co.uk](mailto:enquiries@beechwoodcancer care.co.uk)

**Meet at:** Beechwood Cancer Care Centre, Chelford Grove, SK3 8LS

**Date / time:** 2<sup>nd</sup> Tuesday of the month, 6-7pm

**Who for:** Open to men from any area with prostate cancer and their partners and carers.

### **Prostate Cancer Support (Tameside)**

**Contact:** David Mitchel, 0845 456 0678

**Email:** [info@prostatecancersupport.org](mailto:info@prostatecancersupport.org)

**Meet at:** Droylsden Football Club, Market Street, M43 7AY

**Date / time:** Meets on the 1<sup>st</sup> Thursday of each month at 6pm. This is a partner group. [www.prostatecancersupport.org](http://www.prostatecancersupport.org)

There are also Prostate Cancer Support groups in Bolton, 0161 474 8222 and Bury, 0161 475 1721. [www.prostatecancersupport.org](http://www.prostatecancersupport.org)

## Sarcoma

### North West Sarcoma Social Group (South Manchester)

**Activity:** The group provides friendship, encouragement and social support. This service is provided by The Christie Hospital and Central Manchester University Hospitals.

**Contact:** Helen Murray, Sarcoma Clinical Nurse Specialist, 0161 276 6167, Ann Buchan, Sarcoma Clinical Nurse Specialist, 0161 446 3094, Maxine Cumbo, Specialist Sarcoma Physiotherapist, 0161 446 3795, Lisa Cooper, Sarcoma Clinical Nurse Specialist, 918 2196, Gemma Wilde, Specialist Sarcoma Physiotherapist, 276 6845

**Email:** helen.murray@cmft.nhs.uk

**Meet at:** Maggie's Manchester, The Robert Parfett Building, The Christie Hospital, 15 Kinnaird Road, Withington, M20 4QL

**Date / time:** Drop-in held at 2pm, the fourth Wednesday of January, March, May, September and November

**Who for:** People from all areas welcome, including relatives and partners.

## Urostomy

### Urostomy Association – Manchester & North West (North Manchester)

**Activity:** This large group has been meeting since 1971.

**Contact:** Judy Crook, Branch Secretary, 19 Kirkby Avenue, Moston, M40 5HN, 0161 682 6545

**Email:** j.m.crook@talktalk.net

**Meet at:** Salford Royal NHS Hospital Trust, Stott Lane, M6 8HD

**Date / time:** The Branch holds three meetings per year.

**Who for:** Open to everyone from Greater Manchester and Cheshire.

## Web-based support

### Macmillan Online Community

**Activity:** A range of online groups, covering different cancer types and experiences. The Community has simple guidelines to follow and the content is moderated regularly.

**Website address:** <https://community.macmillan.org.uk/>

**Date / time:** Open 24 hours a day, 7 days a week

**Who for:** Anyone over 16 years affected by cancer in any way.

## Young people

### Shine Manchester (Greater Manchester)

**Activity:** This is a small but very friendly group whose meet-ups range from tea and toast in the morning, to afternoon walks in the park, and evening drinks in the pub. Most of all they do what the group members would like to do throughout Manchester. Shine is the only UK charity for adults in their 20s, 30s and 40s who have experienced a cancer diagnosis. They also run two Facebook groups –one for young adults with cancer (Shine Young Adult Cancer Support) and another for the partners, family and close friends of young adults with cancer (Shine Cancer Support Plus Ones). <http://shinecancersupport.org/>

**Email:** manchester@shinecancersupport.org

**Meet at:** Various

**Date / time:** Various

**Who for:** Open to anyone in their 20s, 30s, and 40s from Greater Manchester and Cheshire who has had a cancer diagnosis.

### Teen To Twenties (South Manchester & City Centre)

**Activity:** This social group run by the Teenage Cancer Trust goes out for meals, bowling, crazy golf and other activities, funded by the Trust. It is an ideal place to meet others who have had treatment. People are encouraged to bring a friend to the first two or three meetings until they get to know people.

**Contact:** 0161 446 8247, 07884313171

**Email:** lorraine.wright@christie.nhs.uk or caroline.giddins@christie.nhs.uk

**Meet at:** Various but usually around South Manchester or the city centre

**Date / time:** Every month (usually the last Thursday)

**Who for:** For any young person aged 16-25 who has had a cancer diagnosis.