

# Care at the Chemist

## Formulary

Indication	Treatment	Notes
Acute bacterial conjunctivitis	Chloramphenicol 0.5% eye drops (10ml)	For ages 2 years and over.
	Chloramphenicol 1% eye oint. (4g)	For ages 2 years and over.
Allergy	Loratadine 10mg tablets (7)	For ages 12 years and over.
	Sodium cromoglycate 2% eye drops (10ml)	For adults and children 2 years and over.
	Beclometasone 50mcg/metered dose nasal spray (100 dose)	For ages 18 years and over.
	Loratadine 5mg/5ml syrup (100ml)	For ages 2 years and over.
	Chlorphenamine tabs 4 mg (28)	For ages 12 years and over.
	Chlorphenamine syrup 2mg/5ml (150ml)	For ages 2 year and over.
	Hydrocortisone cream 1% (15g)	For ages 10 years and over.
		Season-long treatment of hay fever is not covered by the CATC scheme.
Athlete's foot	Terbinafine 1% cream (7.5ml)	For ages 16 years and over.
	Clotrimazole 1% cream ( 20g)	For ages 1 year and above
Chesty cough	Guaifenesin 100mg/5ml liquid (100ml)	For ages 12 years and over.
	Simple linctus paediatric sugar free (200ml)	For ages 1 to 12 years.
	Simple linctus (200ml)	For ages 12 years and over.
Cold sores	Aciclovir 5% cream (2g)	For ages 1 year and over. Should not be recommended if the blisters are already present.
Constipation	Ispaghula husk 3.5g sachets (10)	For ages 12 years and over.
	Lactulose liquid (500ml)	For ages 1 to 12 years

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	Senna 7.5mg tablets (20)	For ages 12 years and over.
Contact Dermatitis	Hydrocortisone 1% cream (15g)	For ages 10 years and over.
Cystitis	Potassium Citrate mixture (200ml)	For females aged 16 -70 years.
Diarrhoea	Oral rehydration sachets (Dioralyte 6 sachets)	For ages 2 years and over.
	Dioralyte relief (6 sachets)	For ages 1 year and over
	Loperamide 2mg caps (6)	For ages 12 years and over.
Dry cough	Simple linctus 200ml	For ages 12 years and over.
	Simple linctus paediatric sugar free 200ml	For ages 1-12 years.
	Pholcodine linctus 200ml	For ages 12 years and over.
Haemorrhoids	Anusol oint (23g)	For ages 12 years and over.
	Anusol suppositories (12)	For ages 12 years and over.
Headache , pain and temperature	Paracetamol 500mg soluble tablets (24)	For ages 12 years and over.
	Paracetamol 500mg tablets (32)	For ages 12 years and over.
	Paracetamol 120mg/5ml susp. sugar free 100ml	For ages 1 year to 6 years.
	Paracetamol 250mg/5ml susp. sugar free 100ml	For ages 6 years to 12 years.
	Ibuprofen 200mg tablets (24)	For ages 12 years and over.
	Ibuprofen 100mg/5ml susp. sugar free 100ml	For ages 1 year to 12 years.
		Give special consideration to the signs and symptoms of meningitis.

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Head lice	Malathion 0.5% aqueous liquid- Derbac M (2 x 50ml)	For ages 1 year and over.
	Dimeticone 4% lotion- Hedrin (2 x 50ml)	For ages 1 year and over.
		Choice of therapy should reflect that locally agreed under the 'mosaic' approach to reduce resistance.
		Supply two applications.
Indigestion and heartburn	Gaviscon advance (150ml)	For ages 12 years and over.
	Ranitidine 75mg (6)	For ages 16 years and over.
	Mucogel suspension (500ml)	For ages 12 years and over.
Mouth ulcers	Chlorhexidine 0.2% w/v mouthwash (300ml)	For ages 12 years and over.
	Anbesol liquid (6.5ml)	For ages 1 year and over.
	Bonjela teething gel 15G	For ages 1 year and over.
		Give special consideration to the signs and symptoms of oral cancer.
Nasal congestion	Menthol and eucalyptus inhalation BP (100ml)	For ages 6 years and over. Caution in children.
	Sodium chloride 0.9% nasal drops (10ml)	For ages 1 year and over.
	Xylometazoline 0.1% nasal drops or spray (10ml)	For ages 12 years and over.
	Pseudoephedrine 60mg tablets (12)	For ages 12 years and over.
	Pseudoephedrine 30mg/5ml elixir (100ml)	For ages 6 years to 12 years.
Oral thrush	Miconazole 20mg/g oral gel (15g)	For ages 1 year and over.
Sore throats	Paracetamol 500mg tablets (32)	For ages 12 years and over.
	Paracetamol 500mg soluble tablets (24)	For ages 12 years and over.

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	Paracetamol 120mg/5ml susp sugar free 100ml	For ages 1 year to 6 years.
	Paracetamol 250mg/5ml susp sugar free 100ml	For ages 6 year to 12 years.
	Aspirin 300mg soluble tablets (32)	For ages 16 years and over.
	Ibuprofen 200mg tablets (24)	For ages 12 years and over.
	Ibuprofen 100mg/5ml susp. sugar free 100ml	For ages 1 year to 12 years.
Threadworm	Mebendazole 100mg chewable tablets (2)	For ages 2 years and over.
	Pripsen 4g sachets (2)	For ages 1 year and over.
Thrush -Genital	Canestan Combi (op)	For ages 16 year to 60 years.
	Clotrimazole 1% cream 20g	For ages 16 year to 60 years.
	Fluconazole 150mg capsule (1)	For ages 16 year to 60 years.
Warts and verrucas	Salactol wart paint 10ml	For ages 1 year and over.