Pendle Dementia Action Alliance is a group of organisations and individuals working together to make Pendle more dementia friendly.

We will do this by:

• raising awareness of dementia throughout Pendle

• providing access to further information and understanding of dementia

• inspiring and co-ordinating projects, programmes and initiatives for people affected by dementia including their carers.

If you would like to be involved, or would like further information about the Alliance, contact: pendledaa@gmail.com or 07484 088 856 www.dementiaaction.org.uk
There are various services and groups offering support for people living with dementia and there are lots of ways to meet people having similar experiences to you.

This guide, brought to you by Pendle Dementia Action Alliance, provides information about what support is available in Pendle. This includes where to go to for advice and information, health and social care services and opportunities for carers to take a break.

**Specialist advice and information**

**Backhouse Financial Services**
Local independent financial service providing specialist financial advice. 01282 677776
www.backhousefs.co.uk

**Farnworth Rose Solicitors**
Local solicitors specialising in legal advice for those living with dementia. 01282 613 500
www.farnworthrose.co.uk

**Age UK Lancashire**
Advice and information on local services, including care homes and day centres. Also provides advocacy services. 0300 303 1234
www.ageuk.org.uk/lancashire

**Alzheimer’s Society**
Information and support for people with all forms of dementia and those who care for them. 01282 421233
www.alzheimers.org.uk

**Maintaining independence**

**Millercare**
Mobility products and healthcare services to enable greater independence, freedom and improved quality of life. 01254 233426
www.millercare.co.uk

**Telecare Services**
(Housing Pendle) Care-line and pendant care for Housing Pendle tenants. 0300 555 5559
www.housingpendle.co.uk

**Falls prevention**
(STEADY on Team) Carries out non-clinical falls assessment and offers primary falls prevention, advice and self-care staying steady advice. 01282 804903

**Home Fire Safety checks**
(Lancashire Fire & Rescue Service) Free home fire safety checks to the most vulnerable. 08001691125
www.lancsfirerescue.org.uk

**Health care and support**

**East Lancashire Older Adult Mental Health Team**
(Lancashire Care Foundation Trust) Supports people with dementia by providing assessment, diagnosis, treatment, education and creating individualised care planning.
01254 226265
www.lancashirecare.nhs.uk

**Memory Assessment Service**
(Lancashire Care Foundation Trust) Delivers quick and timely diagnosis to people whose symptoms suggest that they may have dementia.
01282 657832
www.lancashirecare.nhs.uk

**Crossroads Care East Lancashire**
Support for Carers of those living with dementia
A specialist not for profit organisation providing support to Carers of those living with dementia in their own homes. It gives Carers ‘time’ to be themselves.
01282 832548
enquiries@crossroadseastlancs.org.uk

**Physical activity specialist**
Weight management services for adults, including falls prevention available from Pendle Leisure Trust. 01282 661226
www.pendleleisuretrust.co.uk
www.upandactive.co.uk

**Daytime Support**
Social and recreational activities to maintain everyday skills and independence.
Call LCC Customer Care 0845 053 0000 or the centres directly
Byrom View Day Centre, Byrom Rd, Colne, BB8 0B9
01282 866749
Cravenside, Lower North Avenue, Barnoldswick, BB18 6DP
01282 816790
Walton Lane Community Centre (Age UK), Leeds Rd, Nelson, BB9 8RW
0300 303 1234

**Lancashire Wellbeing Service**
Supports vulnerable adults to deal with the underlying causes that are affecting their ability to have positive mental, social and physical well-being. 03450 138 208
info@lancswellbeing.co.uk

**Life-line Care 4 U**
Provides trained care workers, safety equipment, and solutions to support you to be safe at home, work and with your health.
01282 270 269
www.lifelinecare4u.co.uk

**Dementia Buddies scheme**
Provides smartphone enabled wristbands (£5 each) to help safeguard people with dementia. Simply holding a phone flat over the device, the person’s first name & emergency contact number will be displayed. To obtain a device, contact the Memory Assessment Clinics or Dementia Provider services or www.dementiabuddy.co.uk or tel: 01942 888990.

**Wider Community support**

**Memory boxes**
(Lancashire County Council) Visit your local library. Memory boxes can help stimulate memories as we get older and are available through the library service.
0300 123 6703

**Burnley, Pendle & Rossendale Council For Voluntary Service (BPRCVS)**
Local support and development organisation that can provide information on community and voluntary groups in your area. 01282 433740
www.bpr cvs.co.uk

**Dementia cafes and singing groups- Alzheimer’s Society**
Up to date information on local dementia cafes and singing groups. 01282 421233

**Pendle Seniors Group**
Group of volunteers set up to give older people in Pendle a voice on matters that concern them. Provides information on local support groups and luncheon clubs in Pendle. 01282 433740