

## Contraceptive and GUM Locations

### Main\*

St Peter's, Sparkenhoe Street, Leicester, LE2 0TA	Loughborough Health Centre, Pinfold Gate, Loughborough, LE11 1DQ
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### City Sites\*

Westcotes Health Centre	Belgrave Health Centre
Beaumont Leys Health Centre	Charles Berry House, East Bond Street

### County Sites\*

Coalville Community Hospital	Melton Mowbray, St. Mary's Hospital
Hinckley Health Centre	Market Harborough District Hospital
Oakham, Rutland Memorial Hospital	

\*All clinics are available to you regardless of where you live

A Genito-Urinary Medicine (sexual health) service will no longer be delivered from the Leicester Royal Infirmary or Loughborough Hospital but will be available at St Peter's Health Centre, Leicester and Loughborough Health Centre, Pinfold Gate, Loughborough (the old walk-in centre).

## Contraception/Gum Services

These are free, confidential services offering a choice of walk-in or appointments to provide all your sexual health needs including:

- STI testing including HIV tests
- A full range of contraception including IUD/ IUS and implants.
- Management of complex contraception, including missing threads and other IUD/IUS/ Implant problems
- Emergency contraception
- Pregnancy testing and onward referral
- Psychosexual services
- Post Exposure HIV Prophylaxis – PEP/PEPSE
- Free condoms and lubricants

See inside for locations

**NHS**

Your

**SEXUAL  
HEALTH  
SERVICE**

Better  
Together

Leicester  
Leicestershire  
Rutland

## For your nearest clinic and opening times

[www.leicestersexualhealth.nhs.uk](http://www.leicestersexualhealth.nhs.uk)  
[www.staffordshireandstokeontrent.nhs.uk](http://www.staffordshireandstokeontrent.nhs.uk)

**0300 124 0102**  
**0800 318 908**

You may be asked for a urine sample when attending the Sexual Health Clinics, please **do not urinate for an hour before attending a clinic.**

**New patients** must arrive at least 30 minutes before the end of a clinic to allow time for registration.

**Staffordshire and Stoke  
on Trent Partnership  
NHS Trust now provide  
sexual health services to  
the people of Leicester,  
Leicestershire and Rutland.**

This service provides free, confidential contraception and sexual health care with a choice of appointments or queue and wait clinics.

# Additional services provided by Sexual Health Leicester

## Choices

Choices is a free, confidential and friendly service, staffed by a team of nurses for young people aged 24 and under.

The service offers:

- Testing and treatment for sexual infections
- Contraceptive pills
- Contraceptive injection
- Contraceptive implant
- Emergency contraceptive pill (morning after pill)
- Free pregnancy testing, and referral for abortion (or to a midwife)
- Free condoms
- For more information visit [www.choices-leics.org.uk](http://www.choices-leics.org.uk)

## Domiciliary Services

A specialist domiciliary contraception service is available for those who may find it difficult to access a GP practice or sexual health clinic for contraception advice and/or treatment. For example, those with a severe physical or learning disability, vulnerable young people in care or leaving care, teenage parents. If you wish to find out more information or would like to book a visit call [0800 318 908](tel:0800318908) or [0300 124 0102](tel:03001240102)

## Chlamydia Screening

A free, confidential Chlamydia testing service for 15 - 24 year olds in Leicester, Leicestershire and Rutland.

Chlamydia is the most common sexually transmitted infection in young people. Without a test you probably wouldn't know if you had it - there are

usually no visible symptoms. It's easy to treat but left untreated it can cause long term problems.

To get tested visit:

- Local doctor's surgeries
- Contraceptive or GUM Services
- Choices
- Any local outreach events
- Free home testing kits are available at [www.fillthepot.info](http://www.fillthepot.info)

## Safer Sex Project

If you are aged 14-19, you can visit one of our sites in your area for sexual health information, relationship advice, free condoms, Chlamydia and pregnancy testing.

The service is available in schools, colleges, youth centres, connexions and other youth projects.

For your nearest location visit [www.love-life-uk.co.uk](http://www.love-life-uk.co.uk)

If you live in Leicestershire or Rutland, support and signposting is available from the POP Text Leicestershire. The number to call or text is [07814 877859](tel:07814877859).

## Psychosexual Services

A specialist psychosexual service for clients aged 16 and over who are referred by their GP for the management of problems such as lack/loss of libido and sexual performance.

## Sexual Health and Contraceptive Clinics (Shacc)

Providing sexual health services from GP Practices for people across Leicester, Leicestershire and Rutland.

SHACC provides contraception and early pregnancy advice as well as investigation and treatment for

sexually transmitted infections from GP practices. Appointments take place at ordinary surgeries which helps to preserve your confidentiality.

You do not need to be registered at that practice to get an appointment.

For more information or to book an appointment please contact [0800 7566 277](tel:08007566277) or visit [www.shacc.co.uk](http://www.shacc.co.uk)

Appointments available from:

- The Charnwood Practice, Merlyn Vaz Health and Social Care Centre, 1 Spinney Hill Road, Leicester, LE5 3GH
- Dr N Thomas and Partners, 612 Saffron Lane, LE2 6TD
- Saffron Group Practice, 509 Saffron Lane, LE2 6UL
- De Montfort Surgery, 100 Mill Lane, LE2 7HX
- Victoria Park Health Centre, 203 Victoria Park Road, LE2 1XD
- The Hedges Medical Centre, Pasley Road, LE2 9BU
- Dr Chauhan & partners, 296 Clarendon Park Road, LE2 3AG
- Merridale Medical Centre, 5 Fullhurst Avenue, LE3 1BL
- Dr Roy, 16 Fosse Road South, LE3 0QD
- Groby Road Medical Centre, 9 Groby Road, LE3 9ED