

C Card scheme



The C (condom) Card Scheme

The scheme was launched in May 2009. It provides young people aged 13 to 24 and adults from protected groups with additional access to condoms and lubricant in community venues e.g. Pharmacy, GP's, youth services, colleges, schools, Voluntary Sector etc. Approximately 20,000 young people across Stoke on Trent and North Staffordshire have registered for a c-card to date.

How do young people get a card?

People can register at any CASH clinic or Integrated Sexual Health Clinic, Integrated Sexual Health Team (Prevention), school nurses, STAR Team or any pre-arranged sexual health event including Mobile Unit sessions.

When registering for a card

During the registration process the staff member will assess the person's competency (based on Fraser Guidelines and Mental Capacity Act (MCA)) and go through the process of how to use condoms safely.

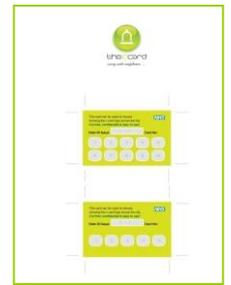
The card does not contain any client identifiable information e.g. name it has a unique c-card number on the back, the clients personal details are held on the c-card secure database.

How the card works:

On the back of the card there are boxes that relate to the number of visits:

Aged under 16 or vulnerable young people - 1 to 5 boxes

Aged 16 + - 1 to 10 boxes



When the person has reached the maximum number of visits allowed on their card they are advised to go back to a registration site to get a new card. This gives the clinician an opportunity to check in with the person, to see if they have any question or any further sexual health needs for example screening, discussion around other forms of contraception.

Distribution & monitoring

Once the person has their c-card they will be able to use it in venues participating in the scheme, identified by posters and window stickers on display. Venues include GP practices, pharmacies, local CASH and GUM services, Colleges, Schools, NEET providers and many more. A detailed list and to find your nearest distribution venue can be found at www.b-clear.org.uk

Distribution sites collect a limited amount of information:

- The date of the visit
- The unique number on the back of the card
- The number of the visit

At the end of each month the monitoring forms are returned to the c-card administrator.

Resources offered to distribution sites

Distribution sites are supplied with c-card literature for display, c-card packs (made up of condoms, lubricants and information leaflet) and a range of sexual health leaflets, which include information on local sexual health services, positive relationships, contraception and STI's.

If you would like more information about the C-Card scheme or are interested in becoming a distribution site please contact **Charlotte Smith on 0300 123 0995 ext 3316 or email charlotte.smith@ssotp.nhs.uk**