



North Yorkshire
Local Pharmaceutical Committee
*Creating Opportunities to Flourish
through Inspirational Leadership*

Press Release

For Immediate Release

Free Flu Jab at Your Local Pharmacy

In a drive to increase the number of people taking up the offer of a free flu jab the NHS is asking local pharmacies to offer this service, and many in North Yorkshire are now doing so.

Groups that are eligible for a **FREE FLU VACCINATION** are...

- Age 65 or over
- Pregnant

Also those with the following medical conditions...

- Diabetes
- Chronic particularly chronic respiratory conditions such as asthma
- Heart disease
- Kidney disease
- Liver disease
- Lowered immunity due to disease or treatment
- Neurological disease

Most flu outbreaks usually happen in later autumn or winter and for most people it's an unpleasant but not life threatening condition. A winter flu jab can help you keep bugs at bay.

Liz Colling Pharmacist and Chair of the North Yorkshire Pharmaceutical Committee, said:

“Pharmacies by providing this service are making flu vaccination more accessible and convenient. Flu is a really unpleasant illness, particularly for

most vulnerable groups and it is essential that people take steps to protect themselves during the winter months. I would urge those who are offered the free flu vaccination to visit their local Pharmacy early in the flu season. I also urge all health care workers to make sure they are vaccinated to protect themselves, their patients and their families”.

End

Editor Notes

For Further information and an opportunity to visit or speak to a pharmacist locally

Please contact...

Jack Davies

Tel: 01482 840749

Mob: 07813 135433

Email: jack.davies@nylpc.co.uk