

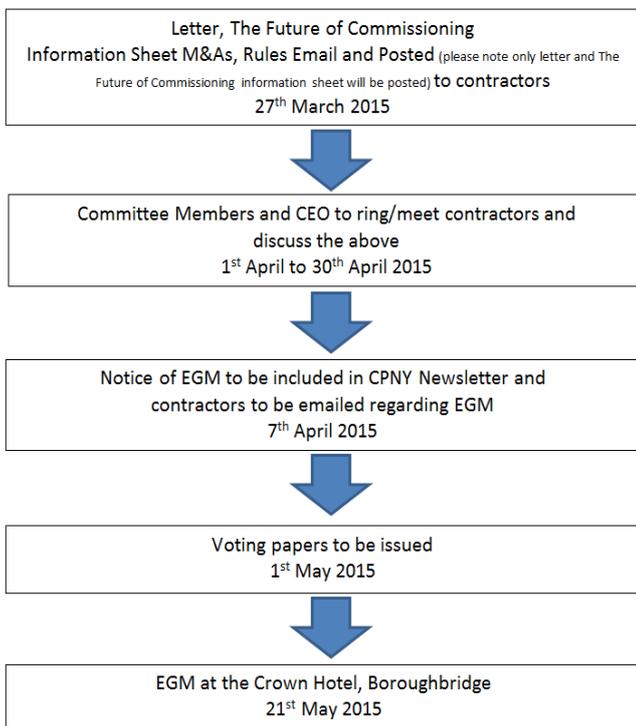


Creating Opportunities to Flourish Through Inspirational Leadership

The Future of Commissioning

You will have received information on this subject from CPNY via email and post to your head office. If you are an independent contractor, a fellow contractor will contact you in person to discuss this and answer any questions you may have. CPNY's role is to facilitate the formation of the company and underwrite initial operating costs if required. For CPNY to continue along this path, and use LPC funds in this way, it requires your support and vote. There will be an EGM on 21st May 2015, which you are encouraged to attend. Voting slips will go out with the relevant papers.

Company Setup Vote Flow-Chart and Timeframe



Actions for Contractors

- Ensure you vote and return your voting papers promptly
- Mark the EGM date and time in your diaries - 7pm 21st May 2015

NHS Mail Programme

This year the NHS Mail programme made some changes to allow Pharmacists, Optometrists and Dentists (PODs) to register an account and access this service more easily. NHS England is encouraging pharmacies to apply for an account, so they are able to transfer patient identifiable information securely, as well as having a dedicated email address that will improve communication with the Area Team. The North Yorkshire and Humber Commissioning Support Unit (CSU) are providing this service on behalf of the Area Team and they will be able to assist you with the registration.



In order to be set up with an account the pharmacy has to demonstrate they are Information Governance (IG) compliant by completing the IG toolkit supported by the Health and Social Care Information Centre (HSCIC). The CSU are currently in the process of checking which pharmacies have completed the toolkit and will be contacting those pharmacies over the next few weeks to assist with creating NHS net accounts. If you are currently in the process of completing the IG toolkit the CSU will contact you once it has been completed.

Action for Contractors

- Contact David Iley (Primary Care Project Officer, Yorkshire & Humber Area Team) if you have any queries: David.iley@nhs.net

Pharmacist Wellbeing Service

Pharmacist Support – the profession's independent charity - understands only too well the pressures pharmacists encounter on a daily basis. In 2012 they conducted a survey to find out the levels of stress faced by over 700

pharmacists, the causes of this stress and the types of support they may access to help themselves. The result of this research is a new [wellbeing service](#), consisting of a series of tailored wellbeing workshops, online therapy packages, webinars and factsheets – all designed to support



pharmacists. The wellbeing workshops provide a safe space for like-minded professionals to come together and

share experiences. Some of the techniques covered include mindfulness, time management, cognitive behavioural therapy (CBT), positive self-reflection and the five ways to wellbeing. Workshops are being held across England, Scotland and Wales, and are free to pharmacists, pre-registration trainees and pharmacy students. The next session in this area is **Wednesday 3rd June 2015, 6.30pm-9.30pm at the Crown Hotel, Horsefair, Boroughbridge, North Yorkshire, YO51 9LB.**

Actions for Contractors

- Book your free place at the 3rd June workshop in Boroughbridge by either visiting the [Pharmacist Support](#) website, or reaching Helen Tester on 0161 441 0811 or helen.testler@pharmacistsupport.org
- Go to <http://www.pharmacistsupport.org/how-we-can-help/wellbeing/> for resources and information on pharmacist support.



New You NHS Smokefree Service

The New You NHS Smokefree Service for North Yorkshire and the City of York has offered CPNY insight into the service and highlighted the main concepts surrounding it. An explanation can be found in the following document: [New You – Pharmacy](#). This document may also be found on the CPNY website: <http://cpny.co.uk/services/smoking-cessation/>. The document highlights things such as:

- An Ask, Advise, Act routine
- An explanation of what the New You NHS Smokefree Service provides
- What resources pharmacies can use
- What training can be provided to aid pharmacies

Actions for Contractors

- Take advantage of the resources provided by the New You NHS Smokefree Service. To do this, call 0300 303 1603 or email stopsmoking.nyy@nhs.net.
- Visit www.smokefree.nhs.uk or call the order line on 0300 123 1002 for a variety of free materials.
- Visit Very Brief Advice training online at www.ncsct.co.uk (National Centre for Smoking Cessation and Training) or call 0300 303 1603 for training information.



Right Route Right Care Programme

The campaign has been initiated and funded by Pfizer Healthy Partnerships and is designed to support the public in making the most effective use of their local NHS services. The key facts on the campaign materials highlight that up to 8% of people that attended A&E could have been successfully treated within a pharmacy setting. Pharmacies who would like to access materials (e.g. posters, leaflets. Booklets and smoking cessation scratch cards etc.), can



locate these on the Pfizer Healthy Partnerships website: <https://www.accesspfizer.co.uk/Default.aspx>.

Actions for Contractors

- Visit the Pfizer Healthy Partnerships website to access Right Route Right Care materials.
- Visit the CPNY site to check when the smoking cessation campaign guide is available: <http://cpny.co.uk/>

How to Run an Effective Flu Vaccs Service

Syd Bashford, of Scarborough Delivery Chemists, states, “Providing a flu vaccination service is a real bonus for pharmacy, and a great step into demonstrating the clinical value that pharmacists can offer. Providing the service gives a great sense of satisfaction and achievement and is a step in the right direction, but preparation is needed for the service to run smoothly.”

As flu vaccinations has become a key service provided by CPNY pharmacy contractors, a document has been created to make sure you run your flu vaccination clinic as effectively as possible. The following document was produced by Syd Bashford and contains his top tips on the matter, as he successfully achieved 250+ flu vaccinations over the last flu vaccination period. [How to Run an Effective Pharmacy Flu Vaccination Clinic](#). This document may also be found on the CPNY website: <http://cpny.co.uk/resources/flu-vaccinations/>

Action for Contractors

- Read the document created by Syd Bashford to prepare for the next flu vaccination period.

ePharmalert: Making MHRA Alerts easier



ePharmalert is a new website that was released in December 2014. Its purpose is to help pharmacy contractors with their contractual obligations to receive and respond to MHRA alerts and recalls for medicines and medical devices. By signing up to the free website, <https://epharmalert.com>, contractors will receive new MHRA alerts to their email inbox as soon as they are released. Contractors will also be able

to securely record their responses to the alerts online. Other ePharmalert features include:

- Audit tools to show inspectors that you are meeting standards in an easy to view format.
- Accessibility, as ePharmalert is compatible with a range of devices; such as, desktop computers, tablets and mobile phones.
- A free SOP for the management of MHRA alerts, which users may customize to their liking.

Action for Contractors

- Contact the developer/pharmacist, Oliver Staunton, at oliver@epharmalert.com for more information of the service.

Future LPC Meeting Dates

Time	Day	Date	Venue
7pm	Thursday	21 st May 2015 (EGM)	Crown Hotel, Boroughbridge
7.45pm	Thursday	21 st May 2015	Crown Hotel, Boroughbridge
7pm	Thursday	16 th July 2015 (AGM)	Crown Hotel, Boroughbridge
Sue Sharp PSCN Chief Executive will be the guest speaker at the AGM			
1.45pm	Thursday	17 th September 2015	Harrogate, Yorkshire Showground
1.45pm	Thursday	19 th November 2015	Innovation Centre, York

Any contractor that wishes to attend the meetings is urged to do so. If you do wish to attend one of the above meetings, arrange this by contacting either your assigned buddy from the committee or James Sprangle (Engagement Officer) at james.sprangle@cpny.co.uk. We can then amend any agenda to address any issues you feel should be raised at the time.

Action for Contractors

- Add AGM date (7pm 16th July) to your diaries

Remaining Tier 1 Dementia & Safe Places Training Dates

Time	Day	Date	Venue
7.15pm	Wednesday	22 nd April 2015	The Qdos Suite, Scarborough Rugby Union Football Club
7.15pm	Wednesday	29 th April 2015	The Herriots Hotel, Broughton Road, Skipton
7.15pm	Wednesday	27 th May 2015	The Allerton Court Hotel, Darlington Road, Northallerton

Food will be available from 6.30pm and the events are open to your entire pharmacy team. To secure your places please email enquiries@cpny.co.uk ASAP; stating the name of your pharmacy, the date/venue, the number of places you require, the attendees' names and your contact details. For more information, visit our events page: <http://cpny.co.uk/lpc-meetings-and-events/events/>.

Action for Contractors

- Book your place(s) on the Dementia and Safe Places training enquiries@cpny.co.uk

Contractor Communication

CPNY urges all contractors to keep up to date with all the latest news by following us on Twitter at [@CPNY_News](https://twitter.com/CPNY_News) https://twitter.com/CPNY_News and checking our regularly updated website frequently <http://cpny.co.uk/>.



Contact Details

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- Jeanette Dove (Business Support Officer of NHS England - Yorkshire & Humber)
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- Jack Davies (CPNY Chief Executive Officer)
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- James Sprangle (CPNY Engagement Officer)
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