



Media Release

For Immediate Release

Winter Pressures and York CCG Pharmacy Minor Ailments Service Pilot - Government encourages more people to use their Local Pharmacy in relation to Minor Ailments instead of visiting their GP or A&E

Julian Sturdy, MP for Outer York, visited the Haxby Group Pharmacy, Haxby and Wigginton Health Centre, Wigginton, York at 10.15am on Friday 27th November 2015. The purpose of his visit was to encourage people to use their local pharmacies to their fullest extent, in particular the York CCG Minor Ailments Service that is being piloted in pharmacies. The service is a convenient alternative to GPs and A&E when it comes to minor ailments such as coughing, respiratory problems, colds and sore throats.

The service is designed to enable people with minor health conditions to access medicines and advice that they would otherwise visit their doctor for. They allow patients to see a qualified health professional at a convenient and accessible location within their community and mean that they do not need to wait for a GP appointment. Minor Ailment Services run in other areas of England have shown that they can reduce pressure on GPs, freeing up their time for people with more complex medical complaints.

The service only covers certain conditions and patients will only be offered medicines if they need them for their particular condition.

The York CCG Minor Ailments Service is being piloted in the following pharmacies throughout York:

- Haxby Group Pharmacy, Haxby, York, YO32 2LL

- Huntington Pharmacy, Huntington, 1-3 North Lane. York, YO32 9RU
- Monkbar Pharmacy, 3 Goodramgate, York, YO1 7LJ
- Rowlands Pharmacy, 66 Doncaster Road, Selby, YO8 9AJ
- Boots Pharmacy, 86 Clifton Road, York, YO30 6BA

Julian Sturdy, MP for Outer York said, “We need to encourage more people to use the minor ailment service, especially when people are suffering from colds and sore throats. Pharmacists are highly trained and are a more convenient option than visiting your local GP or A&E.

It is clear that pharmacists can provide helpful advice to help prevent minor ailments from becoming more serious matters. I am pleased that the Haxby Group Pharmacy is part of the pilot service, and hope that it will be rolled out York wide next year.”

End

Editor Notes

List of conditions that the York CCG Minor Ailments Pilot Service covers...

- Athlete’s foot
- Backache
- Blocked nose/nasal congestion (due to allergy)
- Blocked nose/nasal congestion (due to common cold – adult)
- Cold sores
- Common cold (treat individual symptoms) (see also sore throat/fever/pain)
- Conjunctivitis
- Constipation
- Contact dermatitis
- Cough
- Cystitis
- Diarrhoea
- Dry skin
- Earache
- Ear wax
- Eczema
- Haemorrhoids
- Hay fever
- Headache
- Head lice

- Indigestion/heartburn
- Infant colic
- Insect bites/stings
- Migraine
- Mouth ulcers
- Nappy rash
- Nasal congestion infant
- Oral thrush
- Pain
- Scabies
- Sore throat
- Sprains and strains
- Teething
- Temperature/fever
- Threadworms
- Toothache
- Verruca/warts
- Vaginal thrush

For further information or if you wish to cover the story and send a photographer

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