

BREATHE EASY SHEFFIELD SUPPORT GROUP

In Association with Sheffield International Venues



The British Lung Foundation Breathe Easy Support Group network provides support and information for those living with a lung condition and for those who care for them.

The Sheffield BLF Breathe Easy Support Group based at Springs Leisure Centre plays an important role in sharing support, advice, experiences and friendship with those affected by lung disease.



FIND OUT MORE ABOUT
BREATHE EASY
Call 0114 2574426



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BREATHE EASY SHEFFIELD OPEN DAY

Wednesday
18th June

11.15-12.00pm Dancing
12.30-1.30pm Singing

A range of support and advice stalls will also be available including:

- South Yorkshire Pulmonary Rehabilitation
- British Lung Foundation
- Breathe Easy Sheffield Support Group
- Exercise Referral Scheme

All activities are FREE of charge so come along and join us and help us raise awareness during National Breathe Easy Week.



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