

**Choose the  
right treatment**

**NHS**  
Sheffield  
Clinical Commissioning Group

**Diarrhoea.  
Runny Nose.  
Painful cough.  
Headache.**

## **Pharmacist (Chemist)**

Your local pharmacist is a highly trained healthcare professional. They can give you advice on common illnesses and the medicines you need to treat them, without the need to go to your GP first.

Most now have a quiet area where you can speak to the pharmacist more privately. You don't need an appointment and many are open during the evenings and weekends.

