



# How can Healthwatch Sheffield help me?



We provide **information** and **advice** about health and social care services.



We **listen** to **your views** and use them to make a difference.

Healthwatch Sheffield gives adults, children and young people a stronger voice to influence and improve health and social care services in Sheffield.

## We provide information and advice.

If you would like to speak to an adviser, who can help you find the information and support you need, please telephone:

**Sheffield Adviceline (0114) 205 5055**

*(Lines are open Monday to Friday 10am-4pm)*

For online self-help information about health and social care services in Sheffield, please visit: [www.advicesheffield.org.uk](http://www.advicesheffield.org.uk)

## We listen to your views and use them to make a difference.

Tell us about your experiences (good and bad) of using health and social care services in Sheffield. We can use your views to influence, challenge and make a difference to the way services are delivered.

## Interested in getting involved?

Please contact us to find out how you can help us improve your local health and social care services.

### Healthwatch Sheffield

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