

Colds/Flu-like symptoms/Nasal Congestion

Follow-up Advice	Conditional referral: <ul style="list-style-type: none">• If symptoms worsen or sinus pain develops, consult GP
Counselling Points	<ul style="list-style-type: none">• Topical decongestants must only be used for a maximum of 7 days due to the risk of causing rebound congestion upon withdrawal• Saline nasal drops may help thin and clear nasal secretions in infants who are having difficulty with feeding and should be administered immediately before feeding