

Earache

Follow-up Advice	Conditional referral to GP: <ul style="list-style-type: none">• Pain that does not respond to treatment• Patients experiencing pain more severe than that experienced previously or pain which is increasing in severity over several days with no apparent reason
Counselling Points	<ul style="list-style-type: none">• If a supply is made, the following information should be provided where applicable:• A maximum of four doses of Paracetamol can be administered in any 24 hour period to any age group• Ibuprofen should be taken with or immediately after food. If food cannot be eaten, a glass of milk should be consumed before the medication• Other patient advice:• Offer reassurance that antibiotics are not usually needed because they are likely to make little difference to symptoms, may have adverse effects (for example diarrhoea, vomiting, and rash), and can contribute to antibiotic resistance.