

Vaginal Thrush

Follow-up Advice	Refer patients to GP, FP Clinic or GUM Conditional referral: <ul style="list-style-type: none">• If symptoms are unresolved 7 days after treatment Consider supply but advise patient to make appointment with GP: <ul style="list-style-type: none">• Diabetic – Candidiasis can be a result of poor diabetes control• Post-menopausal women
Counselling Points	<ul style="list-style-type: none">• Advise patient to wear cotton underwear and loose-fitting clothes• Avoid perfumed products• Remind GP that they are prone to thrush if they are prescribed oral antibiotics or other medication• Clotrimazole may affect condom durability• Symptomatic partners should be treated concurrently• Antifungals interact with a wide range of medication, so advise accordingly