

# drugtrain

## Free training for Pharmacy Staff Alcohol Identification & Brief Advice Training

Flexible delivery times including:

- Full-Days
- Half-Days
- Twilight Sessions



### Introduction

**North Yorkshire County Council** has developed an [alcohol strategy](#) which aims to galvanise partners (statutory and non-statutory organisations, the community and wider businesses) within North Yorkshire to collectively reduce the harms from alcohol.

The health consequences of alcohol misuse adds to the pressure on our emergency departments and healthcare services.

Most alcohol related harm is caused by excessive drinkers whose consumption exceeds recommended drinking levels, but who are not yet dependent.

The [Pharmacy White Paper](#) recognises that community pharmacists are an accessible, underutilised healthcare professional, and that 1.6 million people each day visit a community pharmacy in England for healthcare advice.

Surveys show that people want a wider range of professionals, such as pharmacists, to provide more support to help them take care of themselves and their wellbeing.

One way in which pharmacists can contribute to 'healthy living' is by raising awareness of the harmful effects of excessive drinking and informing people of recognised sensible limits.

Pharmacists are ideally placed in the communities they serve, to provide this support and information.

### What is Alcohol Identification & Brief Advice?

Brief interventions involve offering simple brief advice and only take a few minutes to complete. Brief advice can be given in a variety of settings by non-alcohol specialists such as Primary Care Staff, Pharmacy Staff, NHS Health Checkers etc.

### Aim of the Training

To increase early identification of problematic (hazardous, harmful and dependent) drinking, and to reduce the harm from alcohol for individuals, families and communities in North Yorkshire.

### Learning Outcomes

(the learner will):

- Understand the evidence base and effectiveness of IBA
- Understand the physical, psychological and social effects of alcohol, including the risks of hazardous and harmful drinking
- Know the current guidance around safer alcohol use
- Be able to raise the issue of alcohol use
- Know the interventions required to offer brief advice to support safer alcohol use
- Demonstrate the use of the recommended screening tools (AUDIT C, AUDIT, AUDIT-PC)
- Know how to use the Brief Advice structured tool
- Understand the care pathway and referral routes in North Yorkshire to specialist services.

### Register Your Interest Now

If you'd like to know more about how you can attend one of the **Alcohol IBA** training sessions in North Yorkshire, please contact us using any of the ways below:

**Tel:** 01226 738321  
**Email:** [admin@drugtrain.org.uk](mailto:admin@drugtrain.org.uk)  
**Web:** [www.drugtrain.org.uk](http://www.drugtrain.org.uk)



delivering training  
on behalf of



Drugtrain is delivering Alcohol Identification & Brief Advice Training on behalf of North Yorkshire County Council.