

CONTROLLED DRUGS NEWSLETTER

NHS England North (Yorkshire & Humber)
July 2018

Requests for additional supplies of Controlled / High Risk Drugs

We recently wrote to all GP Practices and Community Pharmacies to share our concerns around patients trying to obtain additional inappropriate supplies of Controlled / High Risk Drugs.

This newsletter summarises key aspects of the letter to help each of you manage this risk within your practices. We advise you to use our proposed generic wording to alert other healthcare professionals of any concerns you have on supplies of specific drug(s).

Actions for GP Practices

- ⇒ Implement a system for colleagues to identify and raise concerns to the prescriber for patients in this high risk category.
- ⇒ Prescribers should have regular face to face reviews with patients prescribed controlled or other medicine commonly abused or misused.
- ⇒ Prescribers concerned that a patient is trying to obtain additional supplies of a drug should add the following wording to **each drug** they have concerns about: **SUPPLIES ONLY TO BE MADE BY THE AUTHORISING PRESCRIBER**
- ⇒ Share your concerns with 111 & GP OOH Providers; they may be using different computer systems and could add an alert to their own system.
- ⇒ Use Electronic Repeat Dispensing (eRD) with daily or weekly prescriptions for non-Schedule 2 or 3 Controlled Drugs. Pharmacies can change nominations and retrieve prescriptions from the spine if the patient works away or is travelling.
- ⇒ Post Dated Paper CD prescriptions collected and signed by pharmacy teams to help prevent loss of prescriptions.
- ⇒ Reduce risk by limiting quantities to 28 days or less.
- ⇒ Review all NUMSAS / OOH / A&E supply notifications, to identify and manage inappropriate supplies. Add any notifications of supplies made to GP record (under medicines prescribed elsewhere) so that they are made visible to others accessing the SCR, and could help prevent further incidents.
- ⇒ For Temporary Patients check ID and contact their current GP before supplying controlled or other medicines commonly abused or misused.



Actions for Pharmacies

- ⇒ Determine if a supply request is genuine and use all existing information to support your decision making.
- ⇒ Access SCR for each NUMSAS or Emergency Supply to identify any concerns raised by the authorising prescriber with the drugs concerned which will be communicated with **SUPPLIES ONLY TO BE MADE BY THE AUTHORISING PRESCRIBER**
- ⇒ Check the EPS Tracker status for current prescriptions and where necessary contact the nominated pharmacy for further information.
- ⇒ Discuss, document and raise any new concerns with prescribers.
- ⇒ Work collaboratively with General Practices to help manage high risk and vulnerable patients.
- ⇒ Where a NUMSAS notification has not been sent electronically, ensure a paper copy is sent to the GP Practice.
- ⇒ To prompt staff to access SCR, keep a copy of this newsletter near your Prescription Book or with your relevant SOPs.

STAFF TRAINING

- * All staff should have regular refresher training around high risk drugs and medicines that are commonly abused or misused in your practices.
- * All staff should know the specific wording used to identify and prevent inappropriate supplies of individual drugs across the Yorkshire & Humber region.

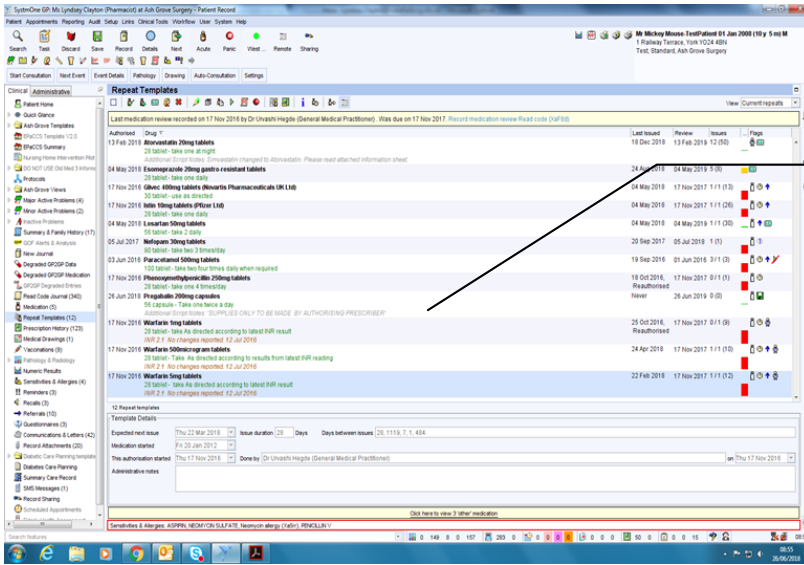
**SUPPLIES ONLY TO BE MADE
BY AUTHORISING PRESCRIBER**

Please report ALL CD Incidents and Concerns through our online portal:
www.cdreporting.co.uk

CONTACT US:

Accountable Officer: Gazala Khan
Secure Email Address: england.yhcdao@nhs.net

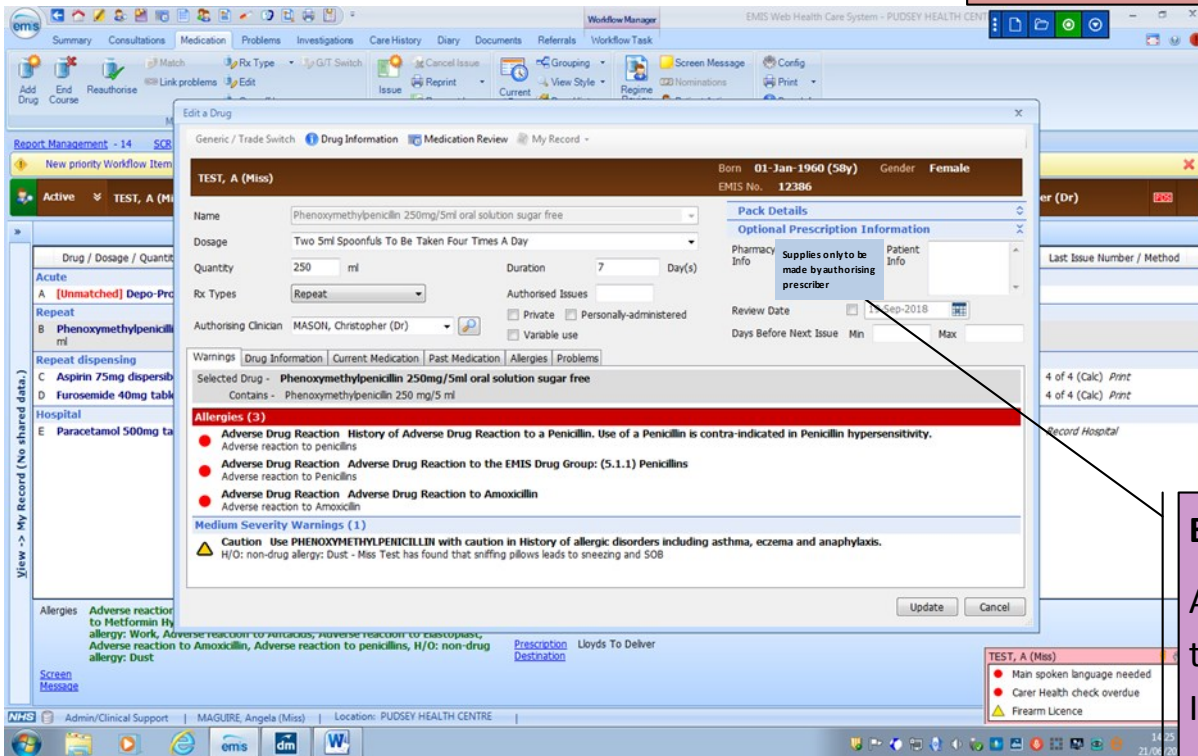
USING THE WORDING IN PRACTICE



SystemOne
Add wording to
Additional Script Notes.

Type	Date	Medication Item	Dosage Instructions	Quantity
Repeat Medication	Authorised (not issued): 15 Aug 2014	Simvastatin 40mg tablets	One tablet once daily, in the evening	28 tablet
Repeat Medication	Last issued: 11 Aug 2014	Supporting information: For cholesterol-lowering Amiodipine 5mg tablets	Take one daily, in the morning	
Repeat Medication	Last issued: 11 Aug 2014	Supporting information: For hypertension. Aspirin 75mg dispersible tablets	take one daily	
Repeat Medication	Last issued: 11 Aug 2014	Supporting information: For ischaemic heart disease Co-codamol 30mg/500mg tablets	take 1 or 2 4 times/day as required	
Repeat Medication	Last issued: 11 Aug 2014	Supporting information: For pain relief and supplies only to be made by authorising prescriber Enalapril 2.5mg tablets	take one daily, in the morning	
Repeat Medication	Last issued: 11 Aug 2014	Supporting information: For microalbuminuria FreeStyle lancers 0.5mm/29gauge (Abbott Laboratories Ltd)	use as directed	
Repeat Medication	Last issued: 11 Aug 2014	Gliclazide 80mg tablets	One tablet twice a day, half an hour before meals	
Repeat Medication	Last issued: 11 Aug 2014	Supporting information: For Type 2 Diabetes OneTouch Verio testing strips (LifeScan)	use as directed	

SCR
This is where other
Healthcare Professionals
would see 'SUPPLIES ONLY
TO BE MADE BY
AUTHORISING PRESCRIBER'



EMIS
Add the wording
to the Pharmacy
Info section.

Images kindly provided by: Lyndsey Clayton Wakefield CCG, Mohammed Hussain NHS Digital, Angela Maguire Pudsey Health Centre.