

Top Tips for Management¹

- Ensure the patient understands that there is no cure for rosacea but symptoms can be managed
- Discuss trigger factors - rosacea patients can improve their chances of maintaining remission by identifying and avoiding lifestyle and environmental factors that may trigger flare-ups
- Target treatments to presenting symptom
- Ask and incorporate the psychological impact the condition may have into your treatment approach
- Talk about skin care and the use of non-comedogenic, fragrance and perfume free products
- Discuss sun protection all year round – factor 30+
- Topical steroid preparations should be avoided
- Avoid long term use of oral antibiotics – 6 months

Individual Summaries of Product Characteristics (SPCs) must be consulted prior to prescribing.

¹ Mason R. <http://www.galdermapractice.co.uk/uk-and-scotland-care-practice/implementation/psoriasis/202101.html>

Thank you for listening

This non promotional presentation has been sponsored and developed by Galderma for UK healthcare professionals only.