

### CPPE can support you during your pre-registration year in the North West

Welcome to your pre-registration year here in the North West. The reverse of this letter tells you how to register with the CPPE website and access learning programmes. With so many resources it can be hard to know where to start, so here are some suggestions.

#### Hypertension Gateway page

We have gateway pages for a range of clinical topics. Each page contains lots of learning materials relevant to the topic, including CPPE learning and external resources, all on the same page. Why not start with our *hypertension* gateway page. After you have logged into the CPPE website type “*hypertension*” into the website search function at the top of the page. Test yourself with our hypertension quiz and complete the interactive NMS antihypertensive workbook. We also have a link to NICE guidelines and the vascular risk and NHS health check e-learning programme.

#### E-learning

We have a range of e-learning programmes that you can access at a time that suits you. Why not take a look at our **new medicines service (NMS) e-learning** which looks at the evidence base for the service and will help you to engage and recruit patients into the service.

#### Workshops

This year we will be hosting a ***What’s new in BNF*** evening workshop for pre-regs on **30<sup>th</sup> October at Hope Park Campus in Liverpool, L16 9JD**. This is because feedback on the GPhC registration assessment indicates that one of the things that you need to be able to do is to apply data to clinical scenarios under time pressure. This event is also a great opportunity to network with your pre-registration colleagues.

This event starts at 7.30pm, with food available from 7.00pm. Like the majority of our programmes, this event is funded by Health Education England so there is no charge for you to attend. To book a place login to [www.cppe.ac.uk](http://www.cppe.ac.uk) and scroll down the home page to book an event.

We have a range of other events topics running across the region.

#### Guides to develop key soft skills

CPPE has a series of **downloadable guides** on soft skills for example *assertiveness* and *being influential* to support your personal and professional development. As effective two-way feedback is fundamental to the success of your pre-registration year, you may want to look at our *guide to feedback*.

#### Preparing for your registration assessment

The CPPE Pre-reg Facebook page is an interactive forum to support you to prepare for your registration assessment. On the page you can find out about relevant CPPE programmes, both in the form of online learning and events. We will also signpost you to resources by other providers. Visit us to ask questions and to find out what issues are important to your colleagues: [www.facebook.com/CPPEpreregtrainee](https://www.facebook.com/CPPEpreregtrainee)

Please do not hesitate to contact me for further information, email [Deborah.howard@cppe.ac.uk](mailto:Deborah.howard@cppe.ac.uk)  
Alternatively you can contact the CPPE national pre-registration tutor lead, Emma Anderson  
[emma.anderson@cppe.ac.uk](mailto:emma.anderson@cppe.ac.uk)

### How do I access CPPE learning programmes?

To register with CPPE and gain access to our programmes, follow the steps below.

#### Step 1 - Registering with CPPE

First you need to register with CPPE – it's free.

1. Go to: **www.cppe.ac.uk** and click *Login* on the top right of the screen.
3. Click on *register* on the right hand side.
4. Fill in all of the mandatory field son the registration form. Spell your name exactly as the GPhC has it. Use your GPhC registration number, the date you started you pre-registration training and the postcode that the GPhC has for you – check on recent GPhC correspondence if you are unsure. Use an active email address.
5. Read and agree to the CPPE terms and conditions.
6. Click on *Register* at the bottom.

A confirmation email will be sent to your email address. You will need to click the link in that email to complete the registration process.

#### Step 2 – logging in to the CPPE website

- Go to the CPPE website and click *Login* on the top right of the screen.
- On the left-hand side enter your GPhC number and password

#### Step 3 – viewing the pre-registration webpage

- You can access this page by clicking on the *Developing your career* box from the home page or by <https://www.cppe.ac.uk/career/pre-regs>

#### Step 4 – ordering programmes/booking events

- Use the A-Z at the top of any page on our website to find the programme or event you're interested in. Click *Find out more and order* and follow the on-screen instructions.

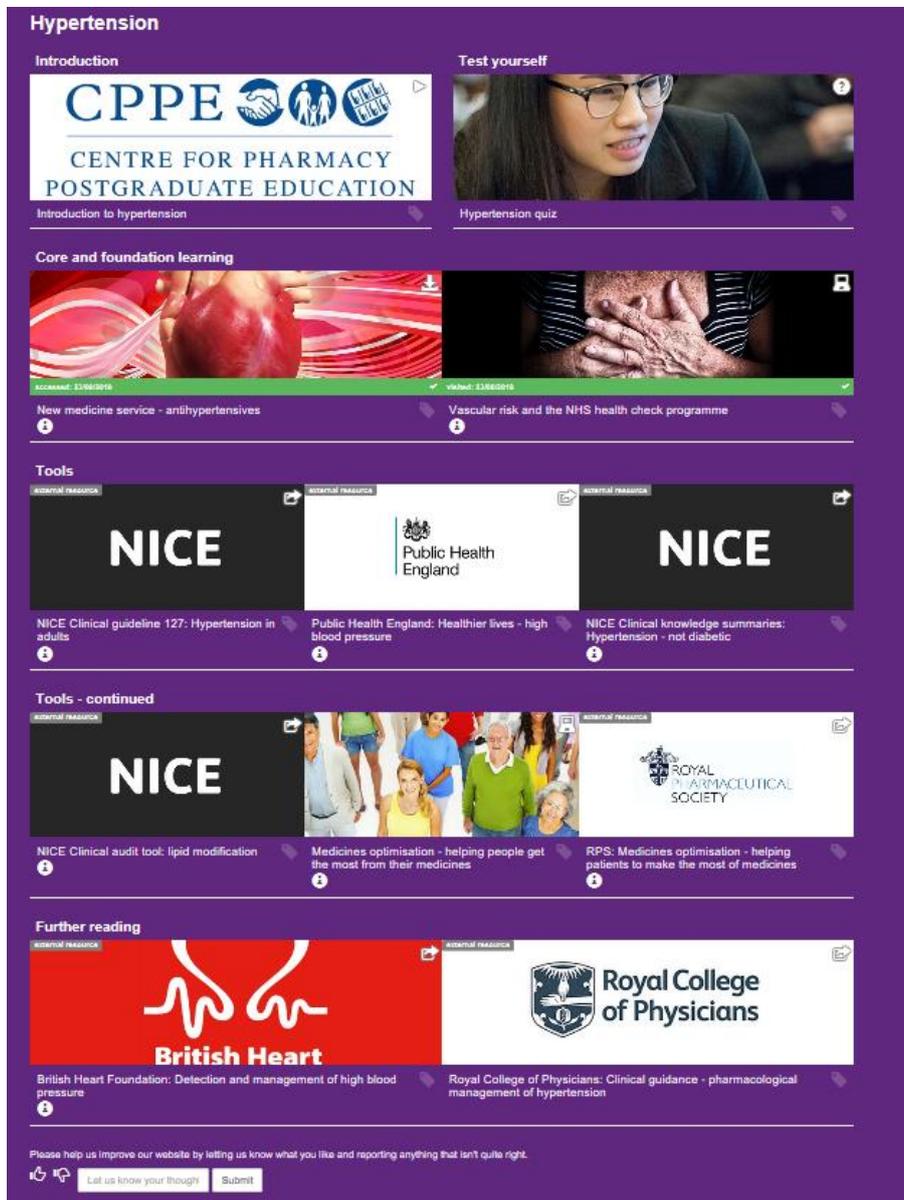
Using CPPE resources can support you to gain evidence towards your GPhC performance standards for pre-regs. Below is an example for attending a *What's new in BNF* event.

#### CPPE *What's new in BNF* event mapped to GPhC performance standards

- This programme contain case studies, which allow you to demonstrate a situation where you can apply clear and logical thought and identify workable options to resolve problems (A1.6 and A3.2).
  - Event attendance is listed in standard A.5
  - Our programmes specifically look at communication with patients and other healthcare professionals. They support you to think about how you phrase your advice. This applies to competencies B1.3, B1.4 and B1.11.
  - Attending our learning events will allow you to network with a range of pharmacy professionals and work effectively with others (B.2).
  - Our programmes will allow you to demonstrate that you can pro-actively assist patients to obtain maximum benefit from their treatment, and support you to provide additional clinical and pharmaceutical services (C.2).
- You do not need to work on every standard listed above at this event. Why not ask your tutor for advice on which standards to focus on at the event.*

Enjoy your learning. Visit: [www.cppe.ac.uk/prereg](http://www.cppe.ac.uk/prereg) today

## CPPE hypertension Gateway page



**Hypertension**

**Introduction**

CPPE  
CENTRE FOR PHARMACY  
POSTGRADUATE EDUCATION

Introduction to hypertension

**Test yourself**

Hypertension quiz

**Core and foundation learning**

New medicine service - antihypertensives

Vascular risk and the NHS health check programme

**Tools**

NICE

Public Health England

NICE

NICE Clinical guideline 127: Hypertension in adults

Public Health England: Healthier lives - high blood pressure

NICE Clinical knowledge summaries: Hypertension - not diabetic

**Tools - continued**

NICE

ROYAL PHARMACEUTICAL SOCIETY

NICE Clinical audit tool: lipid modification

Medicines optimisation - helping people get the most from their medicines

RPS: Medicines optimisation - helping patients to make the most of medicines

**Further reading**

British Heart

Royal College of Physicians

British Heart Foundation: Detection and management of high blood pressure

Royal College of Physicians: Clinical guidance - pharmacological management of hypertension

Please help us improve our website by letting us know what you like and reporting anything that isn't quite right.

Let us know your thoughts Submit

On each of gateway pages you can find a list of more specific topics; each page contains lots of learning materials relevant to the topic, including CPPE learning and external resources, all on the same page.

We now have gateway pages for a range of clinical areas as well as NHS and Public Health priority topics.

You can view the full range of gateway pages by accessing the 'NHS priorities, clinical pharmacy or public health' tabs on the blue bar on the top of every web page.