

Appendix 1: Minor Ailments Scheme Formulary

Indication	Formulary	Pack Size	Age Range/Notes
Allergy	Cetirizine 10mg tablets	30	For ages 6 years and over
	Cetirizine 5mg/5ml oral solution	200ml	For ages 2 years and over
	Chlorphenamine 4mg tablets	28	For ages 6 years and over
	Chlorphenamine 2mg/5ml oral solution	150ml	For ages 2 years and over
	Sodium Cromoglicate 2% eye drops	10ml	For ages 2 years and over
	Beclometasone 50mcg/metered dose nasal spray	100 dose	For ages 18 years and over
Athletes Foot	Clotrimazole 1% cream	20g	For ages 6 months and over
Atopic Eczema	E45 cream	125g	For ages 6 months and over
	Oilatum cream	150g	For ages 6 months and over
	Hydromol ointment	125g	For ages 6 months and over
	Hydrocortisone 1% cream	15g	For ages 10 years and over
Constipation	Ispaghula Husk 3.5g sachets	10	For ages 18 years and over
	Bisacodyl 5mg EC tablets	10	For ages 18 years and over
Contact Dermatitis	E45 cream	125g	For ages 6 months and over
	Hydrocortisone 1% cream	15g	For ages 10 years and over
Diarrhoea	Oral rehydration sachets	6	For ages 1 years and over
	Loperamide 2mg capsules	6	For ages 12 years and over
Dry Eyes	Hypromellose 0.3% eye drops	10ml	For ages 12 years and over
Ear Wax (Ceruman)	Advice only (10ml bottle/pipette)	10ml	For ages 12 years and over
Fever	Paracetamol 500mg tablets	32	For ages 12 years and over
	Paracetamol 500mg soluble tablets	24	For ages 12 years and over
	Paracetamol 120mg/5ml oral suspension sugar-free	200ml	For ages 2 months - 6 years old
	Paracetamol 250mg/5ml oral suspension sugar-free	100ml	For ages 6 years and over
	Ibuprofen 200mg tablets	24	For ages 12 years and over
	Ibuprofen 400mg tablets	24	For ages 12 years and over
	Ibuprofen 100mg/5ml oral suspension sugar-free	100ml	For ages 3 months and over
Post immunisation Fever	Paracetamol 120mg/5ml oral suspension sugar-free	200ml	For ages 2 months

Head Lice	Dimeticone 4% lotion (<2 years)	50ml	For ages 6 months and over
	Dimeticone 4% lotion (2 years+)	2 x 50ml	For ages 6 months and over
	Bug buster kit	1	For ages 6 months and over
Indigestion and Heartburn	Peptac liquid	500ml	For ages 12 years and over
	Gaviscon Advance liquid	150ml	For ages 12 years and over
Insect Bites and Stings	Crotamiton 10% cream	30g	For ages 3 years and over
	Hydrocortisone 1% cream	15g	For ages 10 years and over
	Cetirizine 10mg tablets	30	For ages 6 years and over
	Cetirizine 5mg/5ml oral solution	200ml	For ages 2 years and over
	Chlorphenamine 2mg/5ml oral solution	150ml	For ages 1 year and over
	Chlorphenamine 4mg tablets	28	For ages 6 years and over
	Paracetamol 500mg tablets	32	For ages 12 years and over
	Paracetamol 500mg soluble tablets	24	For ages 12 years and over
Mouth Ulcers	Paracetamol 120mg/5ml suspension sugar-free	200ml	For ages 3 months - 6 years old
	Paracetamol 250mg/5ml suspension sugar-free	100ml	For ages 16-12 years old
Mouth Ulcers	Benzydamine spray 0.15%	30ml	For ages 5 years and over
	Chlorhexadine gluconate 0.2% mouthwash	300ml	For ages 12 years and over
Nappy Rash	Zinc and Castor Oil ointment	225g	For ages 1month - 4 years
Pain including teething	Paracetamol 500mg tablets	32	For ages 12 years and over
	Paracetamol 500mg soluble tablets	24	For ages 12 years and over
	Paracetamol 250mg/5ml suspension sugar-free	100ml	For ages 6-12 years old
	Paracetamol 120mg/5ml suspension sugar-free	200ml	For ages 3 months - 6 years
	Ibuprofen 200mg tablets	24	For ages 12 years and over
	Ibuprofen 400mg tablets	24	For ages 12 years and over
Threadworm	Ibuprofen 100mg/5ml oral suspension sugar-free	100ml	For ages 3 months and over
	Mebendazole 100mg tablets	2 x 1	For ages 2 years and over
Oral Thrush	Miconazole 2% oral gel	15g	For ages 4 months and over