

# Get Stevenage Active!

Do you live in Stevenage? ✓

Are you concerned about your weight, health and fitness levels? ✓

Would you like to have health tests, weight loss and general lifestyle advise? ✓

Plus, 12 weeks use of the facilities at Lifestyles at the Stevenage Arts and Leisure Centre, all for FREE?!! ✓

Using the latest technology our Boditrax scan will give you 18 tests in minutes!

Contact us today and we will help you to be You at Your Best!



**lifestyles**  
stevenage leisure  
**value your health**

# 01438 242 605

[www.stevenage-lifestyles.co.uk](http://www.stevenage-lifestyles.co.uk)

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