

### Upcoming events for current autumn/winter semester

- **Mental Health and wellbeing – Monday 11<sup>th</sup> March - Hatfield**

This day is particularly aimed at those working in primary care and will focus on common mental health conditions. The study day has been developed by University of East Anglia and would be of interest to anyone wanting to develop their knowledge and skills around mental health illness – see website for further details about learning objectives and for booking a place -

<https://www.cppe.ac.uk/programmes/l/mentalwell-w-01>

- **Clinical assessment skills and history taking – Wednesday 6<sup>th</sup> February – Newmarket**

This study day is a great introduction to history taking identifying red flags during consultations and some basic clinical history assessment skills including measuring BP, Pulse Oximetry and how to handle urine testing and evaluation of results. For further details about the event please see website -

<https://www.cppe.ac.uk/programmes/l/caskills-w-01>

### Mary Seacole Leadership programme

At the time of this summary the closing date for the final London cohort will have passed but there is still a chance to apply for this programme on some of the last remaining cohorts including:

- Nottingham – closing date for application 24<sup>th</sup> January
- Birmingham – closing date for application 30<sup>th</sup> January

This NHS-led flagship programme is designed to develop your leadership and management skills to enable you to drive quality services in pharmacy and really make a difference to the health of the patients you see. You will find a useful video on the website to get a more in-depth feel as to what the programme entails -

<https://www.cppe.ac.uk/services/leadership-community#navTop>

### Accuracy checking pharmacy technician programme – opened to community pharmacy

The funding for this programme has now been opened up to include community pharmacy – to find out criteria and how to apply go to CPPE website - <https://www.cppe.ac.uk/career/acpt>

### Herts and Beds Local Practice Forum (LPF) - RPS

After the success of the revalidation event last September the Herts / Beds RPS LPF re-established the steering group committee and we are hoping to run two events this year – the first of which will be on the following topic: **Supporting the physical health of patients with severe mental illness through Pharmacy**. Keep an eye out for flyer and booking details via the RPS website. Also please get in touch with Zara Mehra at CPPE if you are interested in joining the committee. This group will now be known as RPS Herts / Beds RPS rather than LPF.

**Upcoming e-courses for 2019.**

Why not check out some of our upcoming e-courses for 2019. These courses allow a deeper learning experience while remaining flexible by allowing you to participate at times that suits you. Here are just a few that are starting in the next few weeks / months:

- General practice – fundamentals of working with GPs – starts 21<sup>st</sup> Jan
- Clinical medication review – a person centred approach – starts 4<sup>th</sup> March

Keep an eye out for news of other courses later in the year including New Medicines Service: improving quality and getting it right and Life skills – developing your potential.

**Keeping up to date with CPPE:**

Have you checked your preferences for keeping up to date with CPPE recently? Go to your “My CPPE” on the CPPE website once you have logged on and select which options you want to receive information on, to make sure you are not missing out on important news and updates. Another great way of keeping up to date is to follow CPPE on our social media pages which include the CPPE and local East of England CPPE pages e.g..

**Facebook** - @cppeengland or @CPPEEOE

**Twitter**- @CPPEEngland, @zara\_mehraCPPE and @CPPEEast