



## Creating Opportunities to Flourish Through Inspirational Leadership

### Rebranding

The North Yorkshire Local Pharmaceutical Committee has made the decision to rebrand itself in order to move forward and revitalize its existence. This decision was approved by the Committee during the November 20<sup>th</sup> meeting in Boroughbridge. Thus, the NYLPC will be known from now as the **Community Pharmacy North Yorkshire (CPNY)**. (See new logo above)

### November 2014 Price Concessions

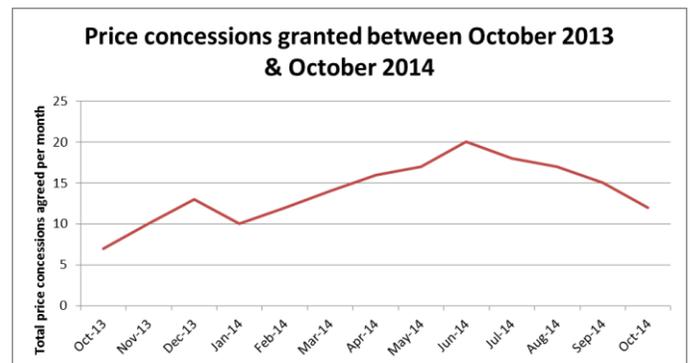
The Department of Health has granted the following price concessions for November 2014:

\*Pack size

- Amantadine 100mg capsules (56\*)* £19.80
- Amiloride 5mg tablets (28\*)* £14.85
- Co-amilofruse 2.5/20 tablets (28\*)* £4.32
- Co-amilofruse 5/40 tablets (28\*)* £5.25
- Co-Tenidone 50/12.5mg tablets (28\*)* £3.55
- Co-Tenidone 100/25mg tablets (28\*)* £3.55
- Cyclizine 50mg/1ml solution for injection ampoules (5\*)* £8.65
- Estriol 0.01% cream (80g\*)* £16.04
- Exemestane 25mg tablets (30\*)* £37.95
- Fenofibrate micronised 200mg capsules (28\*)* £12.00
- Hyoscine 1mg/72 hours patches (5\*)* £11.30
- Lisinopril 20mg/hydrochlorothiazide 12.5mg tablets (28\*)* £5.95
- Pizotifen 0.5mg tablets (28\*)* £5.99
- Pizotifen 1.5mg tablets (28\*)* £5.45
- Tamoxifen 20mg tablets (30\*)* £4.99
- Trandolapril 2mg capsules (28\*)* £8.09

No endorsements are required as these prices will automatically be applied to November's prescriptions.

When any NCSO or price concession announcements are made they appear on the Generic Shortages page at <http://psnc.org.uk/dispensing-supply/supply-chain/generic-shortages/> and are emailed to those subscribed to the mailing list. LPCs will be familiar with the price concession system for agreeing a reimbursement price in month for products unavailable at the Drug Tariff price, as well as the time pharmacies spend trying to source medicines. PSNC has seen an increase in generic shortages over the past year. The graph below demonstrates just how many lines for concessionary prices between October 2013 and October 2014 have been agreed.



Generic supply issues can be reported by completing the generic shortages form at [psnc.org.uk/feedback](http://psnc.org.uk/feedback) or email [info@psnc.org.uk](mailto:info@psnc.org.uk).

### EPS Issues

To order EPS tokens please download and complete the NHS North Yorkshire and Humber FP10DT Order Form: <http://psnc.org.uk/north-yorkshire-lpc/wp-content/uploads/sites/53/2013/07/Token-ordering-Guidance-for-pharmacies-NY-and-York-V.2.doc>



Please note that order requests will only be received via post, email or fax (contact information included in the form) and **NOT** by telephone.

For more help and information on EPS matters, go to:

<http://psnc.org.uk/dispensing-supply/eps/> or

<http://systems.hscic.gov.uk/eps/dispensing>

## PharmOutcomes

After much communication with the PharmOutcomes team, CPNY is confident in the product and services it has to offer. Thus, the Committee is keen to use PharmOutcomes for all future services and would like to encourage the involvement of commissioners. This can be achieved by purchasing the product and allowing commissioner access for a reasonable fee.

## Horizon Prescribing Issues

CPNY contacted the Horizons team to set up a meeting for the future; however, they have had a few issues that have affected this arrangement. The team are now recruiting to employ "prescription administrators", who will ensure the continuation of supply of prescriptions to pharmacies. Until the administrators are in post, Horizons expect all clients to go to specific centres in North Yorkshire to collect their next Rx's, be tested for other drug use and meet with their respective case workers.

Any client that has issues getting to one of these centres, or is at risk of not attending and using other substances instead, will have Rx's delivered to their supplying pharmacy by their case worker if the pharmacy or client informs Horizons of any problems.

CPNY awaits details of both, the appropriate North Yorkshire centres, and those who pharmacists are to contact. Any contractor that has issues with the situation is urged to contact Sean Mackey by calling either 01347 868272 or 07966 087485.

## Sharps Box Disposal

Patients who receive sharp boxes by prescription often ask pharmacies how to dispose of full boxes. This is a local authority responsibility, and the arrangements vary from area to area. This is a guide to help you sign post patients.

**Hambleton District** - Patients should take their sharps boxes back to their local GP Practice. A sharps box

collection service is also available for patients who have had sharps issued following hospital treatment or are suffering from a long term condition. Please contact Waste & Street Scene on 01609 788100/788111 for the collection of sharps boxes.

**Richmondshire District** - Richmondshire District Council does not collect clinical waste. Residents who feel they have clinical waste or sharps boxes to dispose of should contact their local GP.

**Scarborough Borough** - Collections of sharps boxes are available on Mondays for Whitby area and Tuesdays for the rest of the Borough. Patients can arrange a regular collection or request a pick up as and when it's needed by calling 01723 232323 select option 4 or email: [customer.first@scarborough.gov.uk](mailto:customer.first@scarborough.gov.uk).

**Ryedale District** - A sharps box collection service is available for patients who have had sharps issued following hospital treatment or are suffering from a long term condition. Contact Nicki Lishman on 01653 600666 ext 476 or email [nicki.lishman@ryedale.gov.uk](mailto:nicki.lishman@ryedale.gov.uk) to arrange a collection.

**Harrogate Borough** - The council advise patients to speak to their GP Practice or attending nurse to arrange collection of all sharps boxes. However, if the resident is unable to confirm arrangements with the nursing staff, queries may be raised through the Council's Customer Services Team on 01423 500 600, who will contact the designated waste officer for further advice.



**Craven District** - Patients should take their sharps boxes back to their local GP Practice. For further information: <http://www.cravencd.gov.uk/clinical>.

**City of York** - Collections of sharps boxes are available on Thursday mornings between 7am - 1pm. Residents must request a collection in advance by contacting the Smarter York line on 01904 551551 or email [recycling.team@york.gov.uk](mailto:recycling.team@york.gov.uk).

**Selby District** - Collections of sharps boxes are available on Mondays from 7am and can be requested

weekly, monthly or when the service is required. Patients can call 01757 705101 for further details and to arrange this service. A replacement sharps box can be left if required and size notified in advance. Sizes available are 0.6litres or 3.75litres.

Any loose sharps such as needles that are found in a public place should be reported to the council so they can arrange for them to be collected and disposed of safely.

## CO Hazel Marsden Departure

Chief Officer Hazel Marsden has made the decision to step down from her position within the Committee after many years of remarkable service. The Committee has thanked Hazel for all of her hard work and dedication over the years and wishes her every success for the future. As a result, CPNY appointed Chief Executive Officer, Jack Davies and Engagement Officer, James Sprangle, to take over the duties of the former CO.

## New Contact Details

### **Email:**

Jack Davies (Chief Executive Officer)

[jack.davies@cpny.co.uk](mailto:jack.davies@cpny.co.uk)

James Sprangle (Engagement Officer)

[james.sprangle@cpny.co.uk](mailto:james.sprangle@cpny.co.uk)

### **Telephone:**

01482 840749

### **Address:**

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Innovation Way  
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York  
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## Transition & New Database



As a key part of the rebranding process, the newly appointed Chief Executive Officer and Engagement Officer are currently making significant progress in the advancement of CPNY. A new website is under development, frequent press releases are being distributed to the local media and social media usage is in the pipework. To receive updates, follow CPNY on Twitter: [@CPNY\\_News](https://twitter.com/CPNY_News).

**Contractors are urged to sign up to the new LPC database. Please email the following information to [james.sprangle@cpny.co.uk](mailto:james.sprangle@cpny.co.uk) in order to ensure our records are up to date and that you continue to receive information from us:**

- Pharmacy owner's name and email address
- Pharmacy superintendent's name and email address
- The pharmacy's full postal address

## Company Limited by Guarantee

The Committee made the decision to explore the opportunity to establish a company limited by guarantee as recommended by PSNC. This will allow CPNY to forward proposals to commissioning bodies on behalf of contracts via a collective approach. As more and more services will be put out for tender, it is important that the Committee explores this option, in order to protect both existing and new services. As an added bonus to the wide array of opportunities, the company also gives CPNY the opportunity to partner with other delivery bodies in order to strength bids.

An email has been sent out to all contractors, inviting them to attend a legal entity workshop on Wednesday 28<sup>th</sup> January 2015 at the Innovation Centre, York. Those who wish to attend this workshop are urged to reply to [jack.davies@cpny.co.uk](mailto:jack.davies@cpny.co.uk).

## MP Visits

As a part of the Community First promotional campaign, CPNY has organized the visits of local MPs to pharmacies within their respective constituencies. As the newsletter goes to the press the following visits have been organized:

Julian Sturdy, MP for Outer York, will be visiting the Haxby Group Pharmacy in York 12pm (noon) on Friday 5<sup>th</sup> December 2014. (See photo below)



Robert Goodwill, MP for Scarborough and Whitby, will be visiting Lincolnshire Coop Pharmacy in Scarborough at 9am on Monday 22<sup>nd</sup> December 2014. He will also be receiving his annual flu jab.

Andrew Jones, MP for Harrogate and Knaresborough, will be visiting a local pharmacy within his constituency at 2pm on Friday 19<sup>th</sup> December.

Nigel Adams, MP for Selby and Ainsty, will be visiting a pharmacy in Tadcaster, (date TBC).

Hugh Bailey, MP for York, Will be visiting a pharmacy in the centre of York, (date TBC).

## Funded Research Opportunity

The complex relationship between depression and Long Term Conditions (LTC) is well established. A near 50% increase in depression is found in people with 2 or more LTCs and functional impairment (Naylor et al 2012). The evidence examining the relationship between sub threshold depression and LTC indicates a comparable impact to major depression on quality of life and mortality (Cuijpers et al 2103). The worsening health outcomes related to these co morbidities are well established with a potential increase in health costs of up to 45% and disproportionately more people living in deprived areas resulting in a significant contribution to health inequalities (Naylor 2102). Sub threshold symptoms are common and are a significant risk factor for progression to major depression. Over 80% of 'below threshold' conditions remain untreated in the UK (Mcmanus et al 2009). Whilst clinical guidelines recommend brief psychological support (NICE CG 23, 2009) services such as the

Improving Access to Psychological Therapy (IAPT) usually focus on major depression with little community resource targeted at those with sub threshold symptoms. To achieve population level effects of such low intensity interventions we need to move beyond primary care and into wider community delivery. Pharmacies increasingly undertaking a range of health promotion activities pharmacies would seem ideally placed to offer enhanced support to those people with sub threshold depression and LTC. This approach would be well suited to utilise the opportunity of regular contact with the high risk group (LTC) to implement support to address a co morbidity that has significant detrimental health impact. To date no research has been conducted in this important area.

Durham University and partners have developed a research proposal that will adapt interventions that are effective in primary care for delivery in pharmacies by staff such as the 'Healthy Living Champions'. They will test the clinical and cost effectiveness across a range of socio economic areas and determine acceptability through detailed qualitative analysis. This is an innovative study and Community Pharmacy North Yorkshire will be a key partner in this research should funding be secured. For more information please contact [david.ekers@durham.ac.uk](mailto:david.ekers@durham.ac.uk).

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