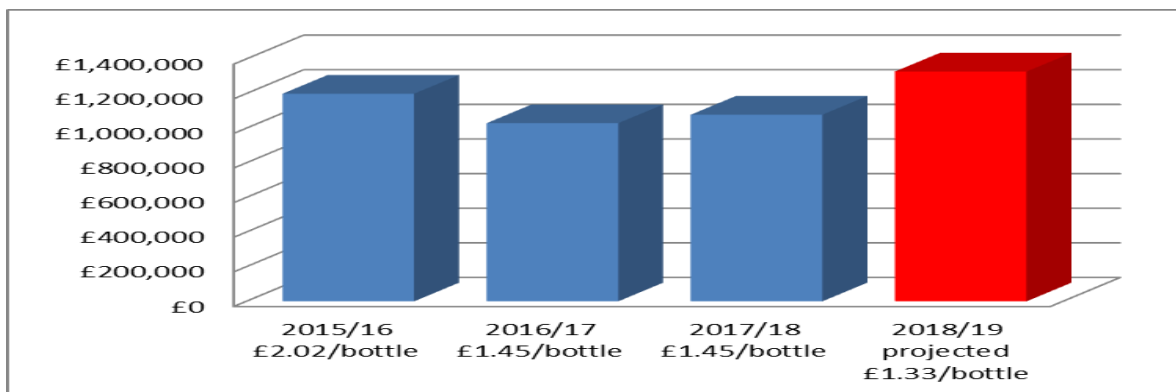




Oral Nutritional Supplements (Sip Feeds) Update

Since 2016, the cost of Oral Nutritional Supplements (ONS) has decreased by an average of 34% for the milkshake ready-to-drink products. Initially, these cost benefits were realised; however, in 2017-18 there was an increase in expenditure with a further increase projected for 2018-19. The only explanation is an increase in usage and therefore prescribing of Oral Nutritional Supplements will be included in the Prescribing Achievement Framework (PAF) for 2019-20.



The following documents and tools will help GP surgeries to achieve green status:

Updated 'Oral Nutritional Supplements (ONS) in Adults: Six Steps to Appropriate Prescribing in Primary Care' ([link](#)) and new 'Primary Care ONS Quick Guide and Thickener Formulary' ([link](#))

These documents include an updated formulary which has taken into consideration the quality and cost of ONS products. Both are on the Primary Care Portal. The new 'ONS Quick Guide' summary is easier to use in front of patients. Products have been placed in the following categories:

- **GREEN** - first line ONS products meeting ABCS criteria which can be started in GP practices.
- **AMBER** - ONS products to be issued under the guidance of the Dietitian.
- **RED** - ONS products which should not be prescribed in the community (with the exception of patients with a tube requiring Home Enteral Nutrition).

MUST (Malnutrition Universal Screening Tool) Templates for SystmOne and EMIS WEB

A customised template called the '**MUST Nene and Corby CCG ONS Formulary**' is available on GP clinical systems. This has been added centrally to all SystmOne practices and an email will be sent to all EMIS Web Practice Managers with guidance on how to import the template. The template guides GPs and other healthcare professionals on the most appropriate plan of care. It provides links to information on the Primary Care Portal including the 'Improving your Food Intake' leaflet ([link](#)), the 'Quick Guide' ([link](#)) and, if required, referral to Nutrition and Dietetics. Step-by-step guidance will also be sent to practices and the Dietitians can deliver training if necessary.

Patients discharged from Hospital or Transferring from Out-of-area

The local primary care ONS Formulary may not be the same as those in secondary care and out-of-area. Below is a guide on products patients may be switched to (unless the patient is being tube fed: see Tablet Press Extra on 'Changes to the Enteral Tube Feed Contract' [link](#)).

<u>Discharge Summary Request</u>	<u>Product to be prescribed in Primary Care</u>
Ensure Compact 125mls (unless tube fed patient)	Fortisip Compact 125mls
Ensure Plus milkshake 200mls (unless tube fed patient)	Fortisip 200mls
Ensure Plus Juice 220mls	Fortijuice 200mls
Ensure TwoCal 200mls (unless tube fed patient)	Fortisip 2kcal 200mls
Ensure Plus Crème 125 grams	Nutricrem 125 grams
Enshake 96 gram sachet	Scandishake 85 gram sachet
Pro-cal shot 120mls (unless tube fed patient)	Altrashot- 120mls

Disclaimer

Information in this newsletter is believed to be accurate and true. NHS Northamptonshire and its employees accept no liability for loss of any nature, to persons, organisations or institutions that may arise as a result of any errors or omissions.