

Northamptonshire Diabetes Multi-Disciplinary Team
Community Diabetes Centre
Danetre Hospital
London Road
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NN11 4DY

Dear G.P

Please use the following local guidance when dealing with patients that have diabetes that are also taking SGLT2 medication.

You can order GlucoRX HCT meters direct from the company contact number is 0800 007 5892 or email orders@glucorx.co.uk.

For your Type 1 patients who currently do not have a repeat prescription for ketone strips or access a ketone meter they can also be provided a GlucoRX HCT meter.

Kind regards

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COVID-19 AND RISK OF DIABETIC KETOACIDOSIS (DKA) IN PEOPLE TAKING SGLT-2 INHIBITORS

People with diabetes are at **particular** risk if they contract COVID-19 and develop DKA

GP surgeries should already have received a communication about ensuring everyone with type 1 diabetes has access to ketone testing and sick day rules.

SGLT-2 INHIBITORS (FLOZINS) ARE ASSOCIATED WITH INCREASED RISK OF DKA IN BOTH TYPE 1 AND TYPE 2 DIABETES

RECOMMENDATIONS FOR PEOPLE TAKING SGLT-2 INHIBITORS:

- TYPE 1 DIABETES

Everyone with type 1 diabetes should **STOP** the SGLT-2 inhibitor **NOW**. They should be advised to monitor their blood glucose and increase their insulin as necessary to control their blood glucose levels.

Note: only a small number of people with type 1 diabetes will be taking an SGLT-2 inhibitor.

- TYPE 2 DIABETES

People with type 2 diabetes can continue their medication if they are well. If they become **UNWELL** they should **STOP** the SGLT-2 inhibitor and seek medical advice. **THEY SHOULD BE TESTED FOR KETONES TO RULE OUT DKA**

If further advice is required please contact the Community Diabetes MDT or the diabetes teams at KGH or NGH.

Anne Kilvert
Consultant Diabetologist
Community Diabetes MDT
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