

Equipment at Level 2 pharmacies and NRN

Harm Reduction Service

- 1ml and 2ml barrels (Low Dead Space)
- Range of pins (needles) for all injection sites
- 1ml fixed syringes (pin and barrel in one)
- Prep spoons
- Pre-injection swabs
- Sharps bins
- Citric and Vit C acidifiers
- Foil
- Sterile water for injection (plastic 5ml amps)

At the level 2 pharmacies and NRN Harm Reduction Service, you can take as many items as you need in any combination.

You should always try to take a sharps bin and try to bring back your returns!

Level 1 packs

Red - 5 sets of kit for injecting into veins (heroin)

Blue - 5 sets of kits for injecting into deeper veins (heroin) with long blue needle

Purple - 5 sets of kit for injecting into deeper veins (heroin) with long orange needle

Green - 10 sets of kit for injecting amphetamine (2ml barrels)

Orange - 10 sets of kit for injecting intramuscular steroids

Yellow - 10 sets of kit for injecting subcutaneously (under the skin)

Looking for some support?

Drug and alcohol support for people **over 18** - Nottingham Recovery Network, 0800 066 5362

<https://www.nottinghamrecoverynetwork.com/>

Drug and alcohol support for people **under 18** - CGL Jigsaw 0115 9484314

<https://www.changegrowlive.org/jigsaw-young-person-family-service-nottingham/info>

Advice about sex working - Nottingham POW 0115 924 9992 OR 07895 364 031

<http://pow-advice.org.uk/>

Street Outreach Team (24 hour hotline) 0800 066 5356

Nottinghamshire 24-hour Domestic and Sexual Violence Helpline - 0808 800 0340

If you are in immediate danger, phone Nottinghamshire Police on 999 (Non-emergency number 101)

PHARMACY Needle Exchange in Nottingham City

You can access a wide range of injecting equipment from:

- Pharmacies across the city delivering level 1 (pre-made packs), or level 2 (pick and mix)
- At Nottingham Recovery Network's (NRN) Harm Reduction Service based at Broad Street (where the old Health shop was)

The level 2 pharmacies and NRN will be able to give you individual sets of works, tailored to your exact need.

If you don't know what you need, it is best to phone NRN Harm Reduction Service on:

0115 844 1855

All the services in this booklet will offer you a **FREE** and **CONFIDENTIAL** service.

Level 1 (Packs)

Applegate Pharmacy (NG7 3NS) opposite Tesco Express on Alfreton Road on 77/78/79/79a bus route
Monday - Friday 9am-6pm

Boots Clifton (NG11 8AA) near Clifton Centre tram stop (48 bus route)
Monday - Friday 8am-7pm, Saturday 8:30am-5pm

Boots Mary Potter Centre (NG7 5HY) on Gregory Boulevard, Hyson Green, up from The Forest tram stop
Monday - Friday 8am-7pm, Saturday 9am-5pm

Boots Bilborough (NG8 4PN) next to Bilborough Medical Centre, on 28 bus route
Monday - Friday 8am-6:30pm, Saturday 9am-5:30pm

Please note: Boots in Bulwell will close from 31st August. You will need to access other pharmacies/Broad Street after this date.

Boots Riverside Retail Park (NG2 1RU) on 48/49 bus route
Monday - Saturday 9am-midnight,
Sunday 10:30am-4:30pm

Carrington Pharmacy (NG5 2DA) just up from Lidl on Mansfield Road on 87/88/89 and 56-59 bus routes
Monday - Friday 9am-6:30pm, Saturday 9am-4pm

Clifton Health Pharmacy (NG11 9FE) just opposite Holy Trinity tram stop in Clifton
Monday - Friday 9am-6pm - closed 1pm-2pm

Day Night Pharmacy (NG11 8AD) up from Clifton Leisure Centre and near Rivergreen tram stop
Monday - Friday 7am-midnight, Saturday 9am-midnight

D Parmar Pharmacy (NG3 4JP) behind St. Ann's Allotments on 45/46/47 bus route
Monday - Friday 9am-6pm - closed 1pm-2pm
Saturday 9am-1pm

Forest Pharmacy (NG5 5HR) on Arnold Road, on 15 bus route
Monday - Friday 8:30am-6:30pm

Where to go and how to get there...

Hyson Green Pharmacy (NG7 5JD) on Gregory Boulevard up from Mary Potter Centre
Monday - Friday 8am-11pm, Saturday 9am-11pm,
Sunday 10am-9pm

Jaysons Pharmacy (NG8 2GB) just down from Fernwood School on 30 and 35 bus routes
Monday - Friday 9am-6pm

Knights Pharmacy (NG5 5EJ) at Rise Park Bus Terminus (Charles II) on 89 bus route
Monday - Friday 9am-7pm, Saturday 9am-5pm

Lloyds Pharmacy Beechdale (NG8 3LF) next to Beechdale Surgery on 28 bus route
Monday - Friday 8:30am-6:30pm, Saturday 9am-1pm

Lloyds Pharmacy Sneinton (NG2 4QL) on Sneinton Road, on bus routes 24/25/27 and 43/44
Monday - Friday 8:30am-6pm, Saturday 9am-1pm

Phakeys Pharmacy (NG3 2FN) on Carlton Road, next to Family Medical Centre, on 24/25/27 bus route
Monday - Friday 9am-6:30pm (6:15 on Friday)
Saturday 9am-1pm

Sherwood Late Night Pharmacy (NG5 2DR) on Mansfield Road, on 87/88/89 and 56/57/58/59 bus routes
Monday - Saturday 7:30am-11pm, Sunday 10am-5pm

Vantage Pharmacy (NG8 5HL) on the edge of Melbourne Park in Aspley on 79 bus route
Monday - Friday 8:30am-7pm

Well Pharmacy St. Ann's Valley Centre (NG3 3GG) on the Wells Road on the 40/41 bus route
Monday - Friday 8:30am-6:30pm, Saturday 9am-1pm

Well Pharmacy Aspley (NG8 5ND) opposite St. George's Park on Broxtowe Lane, 77/78 and 35 bus routes
Monday - Friday 8:30am-6:30pm, Saturday 9am-1pm

Level 2 (Pick and Mix)

Asim's Chemist (NG2 4BU) on Colwick Road, one road away from Sneinton Hermitage Community Centre on 44 bus route
Monday - Friday 9am-6:30pm - closed Friday 12:30pm-1:30pm
Saturday 9am-1pm

Evergreen Pharmacy (NG6 9FE) on Highbury Road between Bulwell Town Centre and Highbury Hospital on 68/69 bus route
Monday - Friday 8:30am-5:30pm - closed 1pm-2pm

Medina Chemist (NG7 5DR) on Radford Road, around the corner from Mary Potter Centre
Monday - Friday 9am-9pm, Saturday 9am-7pm
Sunday 10am-7pm

Midnight Pharmacy (NG7 3PE) on Alfreton Road opposite Peveril Street bus stop, route 77/78/79
Monday - Saturday 9am-midnight, Sunday 12am-midnight

Riverside Pharmacy (NG6 8QJ) on Main Street in Bulwell, in Bulwell Riverside Centre, across the river from Bulwell tram stop and train station
Monday - Saturday 8am-10pm, Sunday 8am-9pm

Nottingham Recovery Network Harm Reduction Service on Broad Street in town, next to Broadway Cinema
Monday-Friday 12:30pm-4:30pm

Phone number for harm reduction advice, blood-borne virus testing and sexual health advice:

0115 844 1855