

Free self-isolation packs

To help you stay at home and
stop the spread of Coronavirus

- ✓ When, why and how to self-isolate
- ✓ Countdown calendar and suggested activities
- ✓ How to plan for self-isolation
- ✓ Support available

Get your free pack:

 sheffield.gov.uk/coronaviruscommunityresources

 0114 273 4567

 Scan the QR code



Stay|Safe|Sheff
Coronavirus (COVID-19)

