

### NEW FOR THIS SEMESTER – LAUNCHING IN DECEMBER 2021

#### *Hypertension*

This learning programme aims to enable you to interpret and apply clinical guidance to support people with hypertension. You will consider how to optimise their treatment and use a shared decision making approach to empower people with hypertension to self-manage their condition.

Dates available (evening workshop 7pm to 9pm):

December 2<sup>nd</sup>, 7<sup>th</sup> and 8<sup>th</sup>

January 11<sup>th</sup> and 25<sup>th</sup>

February 9<sup>th</sup>, 22<sup>nd</sup> and 24<sup>th</sup>

March 1<sup>st</sup>, 15<sup>th</sup>, 16<sup>th</sup>, 21<sup>st</sup> and 24<sup>th</sup>

<https://www.cppe.ac.uk/programmes//hyper-ew-01/>

#### *Asthma*

The aim of this learning programme is for you to consider how we as pharmacy professionals in all sectors can support people who have asthma. You will apply your knowledge of asthma management and guidelines and explore how you can support people to manage their asthma, reduce complications and improve their quality of life.

Dates available (evening workshop 7pm to 9.15pm):

September 2<sup>nd</sup>, 14<sup>th</sup> and 15<sup>th</sup>; October 5<sup>th</sup> and 26<sup>th</sup>;  
November 10<sup>th</sup> and 17<sup>th</sup>; January 11<sup>th</sup> and 26<sup>th</sup>; February  
10<sup>th</sup>; March 16<sup>th</sup>

<https://www.cppe.ac.uk/programmes//asthma-ew-01/>

#### *COPD*

This learning programme aims to enable you to interpret and apply clinical guidance to support people living with COPD. You will consider how to optimise their treatment and use a person-centred approach to empower people living with COPD to self-manage their condition.

Dates available (evening workshop 7pm to 9pm):

September 15<sup>th</sup>, 20<sup>th</sup> and 29<sup>th</sup>; October 12<sup>th</sup> and 19<sup>th</sup>;  
November 9<sup>th</sup> and 24<sup>th</sup>; January 13<sup>th</sup> and 19<sup>th</sup>; February  
21<sup>st</sup>; March 16<sup>th</sup>

<https://www.cppe.ac.uk/programmes//copd-ew-01/>



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Dates and times may be subject to change.  
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### Deprescribing

In this programme, we will explore how all pharmacy professionals can contribute towards safe and appropriate deprescribing of medicines.

Dates available (evening workshop 7pm to 9pm):  
September 14<sup>th</sup> and 27<sup>th</sup>; October 12<sup>th</sup> and 13<sup>th</sup>;  
November 9<sup>th</sup> and 15<sup>th</sup>; January 19<sup>th</sup> and 26<sup>th</sup>; February  
7<sup>th</sup> and 21<sup>st</sup>; March 7<sup>th</sup>

<https://www.cppe.ac.uk/programmes//deprescribe-ew-01/>

### Antimicrobial stewardship

The aim of this programme is to demonstrate how pharmacy professionals can make antimicrobial stewardship a routine part of their practice.

Dates available (evening workshop 7pm to 9pm):  
September 9<sup>th</sup> and 14<sup>th</sup>; October 5<sup>th</sup> and 6<sup>th</sup>; November  
1<sup>st</sup> and 22<sup>nd</sup>; January 18<sup>th</sup>; February 1<sup>st</sup>, 9<sup>th</sup> and 22<sup>nd</sup>;  
March 8<sup>th</sup> and 14<sup>th</sup>

<https://www.cppe.ac.uk/programmes//antimicrobial-ew-01/>

### Emergency contraception

This workshop features an expert speaker on contraception and sexual health and will help you with the knowledge and skills to deliver effective EC services.

Dates available (evening workshop 7pm to 9.15pm):  
October 4<sup>th</sup>; November 16<sup>th</sup>; December 9<sup>th</sup>; January 12<sup>th</sup>;  
February 22<sup>nd</sup>; March 9<sup>th</sup>

<https://www.cppe.ac.uk/programmes//ehc-ew-01/>

### Consultation skills

This session introduces you to the *Consultation skills for pharmacy practice* programme which supports you in delivering high-quality, person-centred consultations.

Dates available (evening workshop 7pm to 9pm):  
October 6<sup>th</sup>; November 16<sup>th</sup>; January 20<sup>th</sup>; February 1<sup>st</sup>  
and 22<sup>nd</sup>; March 22<sup>nd</sup>

<https://www.cppe.ac.uk/programmes//consultation-ew-01/>

### Mental Capacity Act

This workshop will help you manage and optimise care for patients who might lack mental capacity to make a specific decision relating to their medicines.

Dates available (evening workshop 7pm to 9.15pm):  
October 4<sup>th</sup> and 21<sup>st</sup>; November 9<sup>th</sup> and 23<sup>rd</sup>; January 31<sup>st</sup>;  
February 2<sup>nd</sup> and 10<sup>th</sup>; March 22<sup>nd</sup>

<https://www.cppe.ac.uk/programmes//mentalcapacity-ew-01/>

### Depression

This programme focuses on the concerns of people with depression, how to optimise their medicines and achieve better health outcomes for this population.

Dates available (evening workshop 7pm to 9pm):  
October 5<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>; November 9<sup>th</sup> and 16<sup>th</sup>; January  
18<sup>th</sup> and 26<sup>th</sup>; February 15<sup>th</sup> and 22<sup>nd</sup>; March 8<sup>th</sup> and 29<sup>th</sup>

<https://www.cppe.ac.uk/programmes//depression-ew-01/>



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### *Neurology and dementia in primary care*

The aim of this online workshop is to update your clinical knowledge of the pharmaceutical management of several long-term neurological conditions to enable you to help facilitate the seamless transfer of care for people living with these conditions between different care settings. You will consider how to support people living with multiple sclerosis, Parkinson's, Acquired Brain Injury and Lewy Body dementia.

**Please note this is a full day workshop 9.30am to 4pm**

Dates available:  
November 24<sup>th</sup>; February 7<sup>th</sup>; March 23<sup>rd</sup>

<https://www.cppe.ac.uk/programmes//pcp-w-01/>

### *Medicines optimisation in care homes*

The aim of this event is to support clinical pharmacy professionals working in primary care to develop the knowledge, skills and confidence that are needed to implement strategies to optimise medicines use for people living in care homes. This workshop includes how to prioritise care home residents for structured medication reviews and how to assess and advise on antipsychotics and medicines in frail older people.

Dates available:  
10am to 12.30pm: October 14<sup>th</sup> and January 17<sup>th</sup>  
7pm to 9.30pm: September 28<sup>th</sup> and March 24<sup>th</sup>

<https://www.cppe.ac.uk/programmes//cpgpem3-ew-01/>

### *Falls prevention*

The aim of this workshop is to increase your understanding of falls and how the pharmacy team can help prevent and support those who have had a fall.

Dates available:  
September 7<sup>th</sup> and 27<sup>th</sup>; October 7<sup>th</sup>, 14<sup>th</sup> and 19<sup>th</sup>;  
November 9<sup>th</sup>, 22<sup>nd</sup>, 23<sup>rd</sup>; January 11<sup>th</sup> and 31<sup>st</sup>; February 9<sup>th</sup> and March 29<sup>th</sup>

<https://www.cppe.ac.uk/programmes//falls-ew-01/>

### *Supporting patients living with dementia*

The overall aim of this programme is to apply your knowledge and skills to help you manage and optimise care for patients living with dementia and their carers.

Dates available:  
October 21<sup>st</sup>; November 9<sup>th</sup>; January 24<sup>th</sup>

<https://www.cppe.ac.uk/programmes//supptsdem-ew-01/>



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