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| **Actions** | **Number of patients** | **Total** |
| Patients approached by trained member of the pharmacy team to discuss the benefits of achieving a healthy BMI, weight management or assist a person who would like support with their weight. |  |  |
| **Outcomes** | |  |
| 1. The patient agreed to discuss their weight with a member of pharmacy staff; |  |  |
| 1. The patient declined to discuss their weight with a member of pharmacy staff (no further data needs to be recorded) |  |  |
| 1. The patient could not be contacted (no further data needs to be recorded). |  |  |
| **Support with measurements** | |  |
| 1. The patient has been advised on the purpose of measuring BMI and waist circumference. |  |  |
| 1. The patient has been shown how to self-measure and calculate their BMI. |  |  |
| 1. The patient has been shownhow to self- measure their waist circumference. |  |  |
| **Signposting** | |  |
| 1. The patient was provided with a list of support materials/tools they could use such as [One You](https://www.nhs.uk/oneyou/) and [Change4Life](https://www.nhs.uk/change4life), available on the NHS website. |  |  |
| 1. The patient was referred a list of local support or physical activity groups. |  |  |